

Sensory Efficiency

Week 1

Attract birds to your schoolyard or home. Set out a bird feeder. Use a monocular telescope on a walk to find various bird. Cut out magazine pictures of birds that are found locally and use descriptive language to describe the features of the birds.

Week 2

Play I spy. Hide toys and objects around the classroom or at home. Support eye-hand coordination and low vision skills with monocular telescope training. And use landmark cues and then ask your students to describe what they find. Have him/her gain localizing and focusing skills with the monocular aid. Toss darts at a Velcro board and use the monocular to tally the score.

Week 3

Work on improving their skills with their low vision devices. Teach the use of magnifier skills during a nature hunt. Look for bugs, rocks, leaves, etc. Have identification books handy and enjoy the fun.

Week 4

Play mystery voice game. Have students tape well-known teachers, family members, and friends using an easy song of choice. The students then get to guess. Have them write down who they think the person is singing.

Resources:

D'Andrea, F.M., & Farrenkoph, C. (Eds.). (2000). *Looking to learn*. New York: AFB Press.

Scannell, S., & Crone.K. (2008). *Ben and Buzzy's Busy Days*. Houston: Region 4 Education Service Center.

[American Printing House for the Blind \(APH\) :](#)

[Touch and Tell](#)

[Basic Science Tactile Graphics](#)

[Portable Sound Source](#)

[Tactile Library](#)

[Resources for the Expanded Core Curriculum \(RECC\)](#)

[Recordings for the Blind & Dyslexic](#)

[Sensory Efficiency ECC Audio Library](#)

DCMP Resources:

[DCMP's Listening is Learning, Promoting a Sound Education](#)

[How to Make Digital Stories](#)