



#9925 THE TEEN FILES FLIPPED: TOBACCO

AIMS MULTIMEDIA, 2002

Grade Level: 9-12

Runtime: 21 mins.

1 Instructional Graphic Enclosed

DESCRIPTION

Kyle and Ashlee believe that tobacco won't harm them, but a 24-hour "flip" dramatically changes their minds. Kyle dreams of a baseball career, but when he is invited to an all-star event, he is ejected from the game for dipping. Later he meets oral cancer survivors. Ashlee's dream of acting leads to a role that exposes her to the truth about emphysema and its effects. Instead of fulfilling their dreams, Kyle and Ashlee get a strong dose of reality.

ACADEMIC STANDARDS

Subject Area: Health

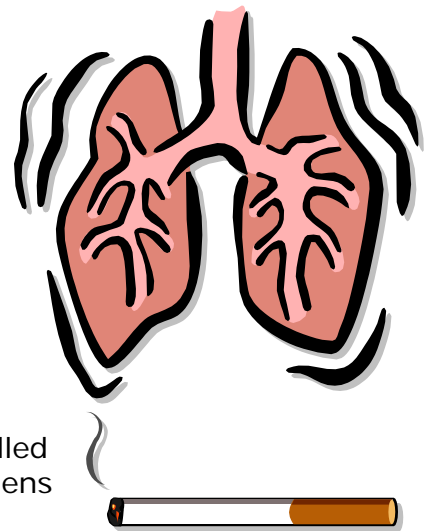
- Standard: Understands aspects of substance use and abuse
 - ♦ Benchmark: Knows the short- and long-term consequences of the use of alcohol, tobacco, and other drugs (e.g., physical consequences such as shortness of breath, cirrhosis, lung cancer, emphysema; psychological consequences such as low self-esteem, paranoia, depression, apathy; social consequences such as crime, domestic violence, loss of friends) (See INSTRUCTIONAL GOALS 1 and 4.)

INSTRUCTIONAL GOALS

1. To identify the physiological effects of tobacco use on the human body.
2. To identify the addictive nature of nicotine.
3. To deter people from smoking cigarettes and using smokeless tobacco.
4. To understand the effects of a person's tobacco use on loved ones.

BACKGROUND INFORMATION

In this video from the explosive, award-winning series called *The Teen Files Flipped*, Ashlee and Kyle, two ambitious teens who use tobacco, are "flipped" for a day and discover the grim realities linked to the continued use of this drug.



VOCABULARY

- | | |
|--|-----------------|
| 1. cancer | 7. emphysema |
| 2. chew | 8. invincible |
| 3. chronic obstructive pulmonary disease | 9. nicotine |
| 4. consequence | 10. progressive |
| 5. dipping | 11. publicity |
| 6. ejected | 12. scout |
| | 13. tobacco |

BEFORE SHOWING

1. Discuss some of the effects of cigarettes and smokeless tobacco on the human body. How long do users have before feeling or seeing the effects of cigarettes or smokeless tobacco?
2. Discuss why some young people start smoking cigarettes and using smokeless tobacco.

AFTER SHOWING

Discussion Items and Questions

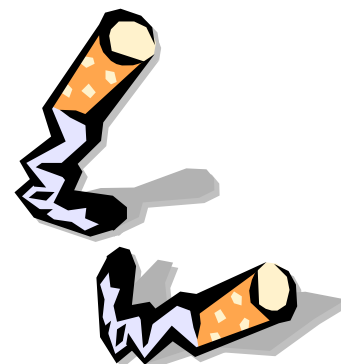
1. Describe Kyle's and Ashlee's attitudes and beliefs about their tobacco use at the start of the video. Explain their future goals.
2. What does Ashlee think she will be doing for her "flipped" day experience? Who is Usher?
3. Describe Ashlee's experiences in the first part of her acting experience. What are the reactions to her smoking?
4. Why do they take Ashlee to the hospital? What's the purpose of the makeup that Ashlee has to wear? What does the emphysema patient tell Ashlee, and how does Ashlee react?
5. What does the doctor explain to a patient while Ashlee hides behind the door? Who is the patient? How does Ashlee react? Does Ashlee's mother really have emphysema?
6. What does Kyle get to do for his "flipped" experience? How does he feel about dipping with the other baseball players?
7. Why does Kyle get ejected from the game? Who does he meet, and what story does she tell?
8. Describe what happens when Kyle returns to the baseball field. Who talks to him, and what stories do they tell? What finally has an impact on Kyle?
9. Do you think Kyle and Ashlee will ever use tobacco again?
10. What parts of the video impact you the most? Will this cause you to reconsider before using tobacco?

Applications and Activities

1. Write and prepare various skits for a younger audience on the dangers of tobacco use. Present the skits at a local elementary school.
2. Research and create antitobacco multimedia presentations. Topics might include:
 - a. Physiological effects of tobacco on the body.

C a p t i o n e d M e d i a P r o g r a m

- b. Media influences.
- c. Tobacco companies and their marketing strategies.
- d. Social issues such as peer pressure.
3. Hold a debate on whether or not tobacco companies are responsible for tobacco-related deaths.
4. On average, each cigarette a person smokes takes eight minutes off that person's life. Calculate how much life is lost with 20 cigarettes a day for ten years. For 20 years.
5. Create a page on the school's Web site (or create your own Web site) about the dangers of tobacco use. Research and post information on various aspects of tobacco, including:
 - a. Tobacco companies and their marketing strategies.
 - b. Tobacco and the media.
 - c. The history of tobacco in the United States.
 - d. Tobacco and the human body.
 - e. The chemical content of a cigarette.
6. Complete an experiment that shows the effects of cigarettes on a smoker's lungs. (See INSTRUCTIONAL GRAPHIC.) Note: This experiment requires the use of lit cigarettes.



CMP RELATED RESOURCES

- [Like You, Dad #2621](#)
- [Smokeless Tobacco: The Sean Marsee Story #2222](#)
- [Smoking Exposed #9962](#)
- [Smoking: It's Your Choice #2523](#)
- [Smoking: The Most Preventable Cancer #8902](#)

World Wide Web



The following Web sites complement the contents of this guide; they were selected by professionals who have experience in teaching deaf and hard of hearing students. Every effort was made to select accurate, educationally relevant, and "kid safe" sites. However, teachers should preview them before use. The U.S. Department of Education, the National Association of the Deaf, and the Captioned Media Program do not endorse the sites and are not responsible for their content.

• AIMS MULTIMEDIA

<http://www.aimsmultimedia.com/titles/title.php3?code=2667-EN-VID>

This is the Web site for the company that sells *The Teen Files Flipped* videos and accompanying teacher guides. Click on the "Teacher Guide" button to access a PDF file of the guide. The lesson guide for this video includes vocabulary and comprehension worksheets, a word search, a test, and other activities.

- **SMOKING AND TOBACCO**

<http://www.lung.ca/smoking/>

This site by the Canadian Lung Association has news articles, fact sheets on various aspects of smoking, and information on quitting smoking. A "Kid's Corner" page has additional information for students of various age levels and includes many interactive features. There is also a teacher page.

- **TOBACCO INFORMATION AND PREVENTION SOURCE**

<http://www.cdc.gov/tobacco/index.htm>

This comprehensive site includes general information about smoking, surgeon general's reports, research and data, how to quit, educational material, and much more. In addition there is a Web page for kids at <http://www.cdc.gov/tobacco/tips4youth.htm>.

- **AMERICAN LUNG ASSOCIATION**

<http://www.lungusa.org>

This site includes research, news, information on diseases, a quit smoking section, treatment options, and stories of hope.

INSTRUCTIONAL GRAPHIC

- **EXPERIMENT: TAR COLLECTOR**

Experiment: Tar Collector

Some smokers are unaware of the tar that collects in their lungs. This experiment will show some of the effects of cigarettes on a smoker's lungs.



Materials:

A ketchup or mustard squeezable bottle for each group (the tip must be large enough to hold a cigarette)
Kleenex or cotton balls
Cigarettes
A lighter or matches

Method:

Divide the class into groups of three or four students. Be sure that students understand that all cigarettes will be distributed and lit by the teacher or another responsible adult. Monitor students at all times.

1. Remove the lid from the bottle. Rinse and dry the container thoroughly. Place half of a Kleenex or a couple of cotton balls in the lid. Screw the lid back onto the bottle.
2. Open the flip-top of the lid. Place the cigarette in the spout. You may need to cut off a portion of the spout to ensure that the cigarette fits.
3. Light the cigarette. Simulate inhalation by squeezing the body of the bottle with a slow and regular pumping action. Repeat this action until the cigarette is almost finished. Optional: Repeat action with two or more cigarettes; this will yield the best results.
4. Withdraw the Kleenex or cotton balls from the inside of the lid. Note the acculumation of tar.

Observation:

- Observe the color of the Kleenex or cotton balls.
- Note the smell of the Kleenex or cotton balls.
- Note the collection of tar inside of the lid and on the Kleenex or cotton balls.
- Examine the color of the base of the cigarette filter.

Captioned Media Program