



#9908 CLUB DRUGS— DANCING WITH DANGER

AIMS MULTIMEDIA, 2002
Grade Level: 9-13+
20 mins.



DESCRIPTION

Former drug users share their experiences with the many club drugs that flourish at raves and dance parties. Covers GHB, Rohypnol or "roofies," DXM, PMA, ketamine, LSD, and methamphetamines or "speed." Gives the effects of each drug and statistics about increased usage and numbers of deaths. Offers warnings about use, and shows where to get help. Strongly reminds viewers that a person has only one brain-- Why take a chance?

ACADEMIC STANDARDS

Subject Area: Health

- Standard: Understands aspects of substance use and abuse
 - ◆ Benchmark: Knows the short- and long-term consequences of the use of alcohol, tobacco, and other drugs (e.g., physical consequences such as shortness of breath, cirrhosis, lung cancer, emphysema; psychological consequences such as low self-esteem, paranoia, depression, apathy; social consequences such as crime, domestic violence, loss of friends) (See INSTRUCTIONAL GOALS 1, 2, 3, and 6.)
 - ◆ Benchmark: Knows how the abuse of alcohol, tobacco, and other drugs often plays a role in dangerous behavior and can have adverse consequences on the community (e.g., house fires, motor vehicle crashes, domestic violence, date rape, transmission of diseases through needle sharing or sexual activity) (See INSTRUCTIONAL GOALS 1 and 6.)
 - ◆ Benchmark: Knows community resources that are available to assist people with alcohol, tobacco, and other drug problems (See INSTRUCTIONAL GOALS 7.)
- Standard: Knows the availability and effective use of health services, products, and information

C a p t i o n e d M e d i a P r o g r a m

- ◆ Benchmark: Knows situations that require professional health services in the areas of prevention, treatment, and rehabilitation (e.g., persistent depression, prenatal and perinatal care, treatment or management of disease, alcohol- or drug-related problems, neglect and child abuse) (See INSTRUCTIONAL GOALS 7.)

INSTRUCTIONAL GOALS

1. To identify GHB and Rohypnol or "roofies" as dangerous, amnesia-producing drugs that have been used in sexual assaults and date rapes.
2. To explain the potential dangers posed by combining club drugs with alcohol or other drugs.
3. To identify the effects of various club drugs and possible reactions to LSD.
4. To explain that a person can't tell what is in a pill by looking at it.
5. To illustrate that drugs have different effects on different people.
6. To identify other downsides of club drug use, including health risks, loss of family and friends, jail, and death.
7. To identify possible support services for people with substance abuse problems and articulate the benefits of being "drug free."

BACKGROUND INFORMATION

A number of drugs are seen so often on the dance, music, and party scene that they are referred to as "club drugs." They frequently accompany concerts and all-night dance parties called "raves." Law enforcement encounters for several of these drugs are doubling nearly every year. Many users start as young as 12. These substances have become popular in part because potential users believe they are relatively "harmless fun," but the growing numbers of emergency room patients who have taken club drugs prove that they can be very dangerous.

VOCABULARY

- | | | |
|---------------|---------------------|------------------------|
| 1. amnesia | 8. GHB | 15. odorless |
| 2. club drugs | 9. hallucination | 16. overdose |
| 3. DXM | 10. LSD (acid) | 17. PMA |
| 4. date rape | 11. ketamine | 18. Rohypnol (roofies) |
| 5. ecstasy | 12. intoxication | 19. sexual assault |
| 6. euphoria | 13. logo | 20. tranquilizer |
| 7. flashback | 14. methamphetamine | |

BEFORE SHOWING

1. Discuss illegal drugs. Ask:
 - a. What are some of the drugs you have heard your peers talking about?
 - b. How dangerous do you think these drugs are?
 - c. Without stating any names, do you know anyone who has had a bad experience or an overdose from drugs?

C a p t i o n e d M e d i a P r o g r a m

- d. If someone offers you a pill, is there any way to tell what's in it? Is there any way to know if it's safe?
2. Define and discuss the terms *club drugs*, *raves*, and *date rape drugs*. Identify familiar club drugs and date rape drugs.

DURING SHOWING

1. View the video more than once, with one showing uninterrupted.
2. Consider pausing the video after various segments to discuss and clarify the information.

AFTER SHOWING

Discussion Items and Questions

1. What are "club drugs"?
2. What is GHB made from? What are some of the dangers of GHB?
3. A single dose of GHB is equal to how many drinks of alcohol?
4. What are the possible results of taking alcohol and GHB together?
5. How does GHB taste when it's in a liquid form?
6. What are "roofies"? What effect do they have on the body?
7. Why are GHB and roofies considered date rape drugs?
8. What is DXM actually an ingredient in? Why does DXM pose a high risk of causing an overdose?
9. What is PMA usually passed off as?
10. Where does most of the ketamine on the street come from?
11. How is LSD usually distributed? What are some of the bad effects of taking LSD?
12. Describe "candy flipping."
13. What are the effects of methamphetamines?
14. Discuss the idea that a person can't tell what is in a pill by looking at it or at the logo on it.
15. If you see someone else take a pill and he or she seems to be all right, does that mean it will affect you the same way? Explain.
16. What are some of the dangers of mixing combinations of pills or mixing pills with alcohol?
17. What are some of the bad things that happened to the teens in the video as a result of taking drugs?
18. How are teens' lives better without drugs?
19. Discuss what to do if you see someone reacting badly to drugs or if you know someone who has a substance abuse problem.

Applications and Activities

1. Research and report on one of the club drugs.
2. Form two teams and debate the issue of legalization vs. the continued war on drugs. Allow time for research prior to the debate.
3. Create informational or antidrug posters for various club drugs. Display the posters throughout the school.

C a p t i o n e d M e d i a P r o g r a m

4. Brainstorm a list of healthy alternatives to drugs. Consider dance, music, reading, art, meditation, writing, sports, exploring nature, etc. Write about one pastime you enjoy.
5. Investigate local drug rehabilitation programs. Create a chart comparing and contrasting their various programs.
6. Invite a local law enforcement officer to speak to the class about local issues related to teens and drug use, raves, club drugs, and date rape drugs.
7. Work in partners or small groups to develop a list of six advantages to staying drug free. Share the lists with the class. Discuss and determine the top ten advantages.
8. Practice refusal skills. Brainstorm various ways to refuse illegal drugs. Role-play to reinforce the skills.

SUMMARY

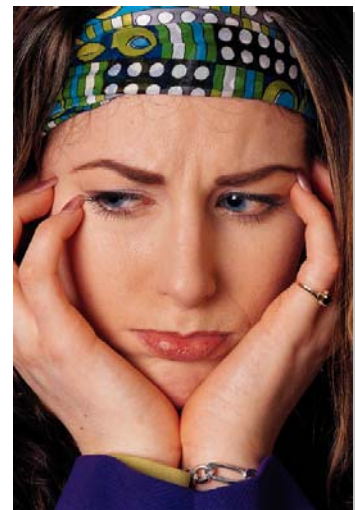
Club Drugs—Dancing With Danger is a fascinating, fast-paced documentary featuring real teens sharing their sometimes harrowing experiences. It sheds light on the dangers of various drugs that may be encountered by young people. Drugs covered include GHB and "roofies," both referred to as "date rape" drugs, LSD, DXM (dextromethorphan), PMA (a deadly form of fake ecstasy), and methamphetamines.

Particular emphasis is placed on the dangers of combining drugs with each other and with alcohol or marijuana, and on the fact that you cannot tell what's in a pill by looking at it. Many of these drugs are passed off as ecstasy. As dangerous as ecstasy is however, these drugs may be radically more harmful, with deadly effects. Particularly effective segments of this program feature recovering users—who are still school age—revealing the problems caused by drug use. They share their regrets, including repeated nights in jail, memory loss, alienation from family, homelessness, attempted murder, and drug-induced suicide attempts.

Viewers with problems are encouraged to seek help. The video offers suggestions on where to find support. To finish on a positive note, the recovering users talk about how their lives have improved since quitting drugs.

CMP RELATED RESOURCES

- [*Ecstasy The E-Street Blues* #9909](#)
- [*G.H.B. Drug-Induced Rape* #8733](#)
- [*PCP and Ketamine* #8855](#)
- [*Stimulants* #8910](#)
- [*The Teen Files Flipped: Drug Use and Addiction* #9915](#)
- [*The Teen Files Flipped: The Reality of Drug Use* #9924](#)



World Wide Web



The following Web sites complement the contents of this guide; they were selected by professionals who have experience in teaching deaf and hard of hearing students. Every effort was made to select accurate, educationally relevant, and “kid safe” sites. However, teachers should preview them before use. The U.S. Department of Education, the National Association of the Deaf, and the Captioned Media Program do not endorse the sites and are not responsible for their content.

- **DRUG FREEAZ: CLUB DRUGS**

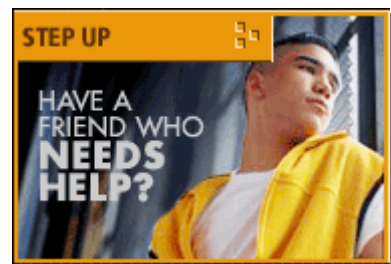
http://www.drugfreeaz.com/drug/clubdrugs_teentips.html

This site has sections on the truth about club drugs (ecstasy, GHB, ketamine, Rohypnol), tips for teens, slang terms, get the facts, know the signs, and Q&As. There are also sections for types of drugs, and for college students, parents, and teachers.

- **FREEVIBE.COM**

<http://www.freevibe.com/>

A busy Web page with information on all the drugs teens use and abuse—their stories, myths diffused, sex and drugs, and antidrug ideas. Click on the listing to the left of drug categories for more information.



- **CLUB DRUGS & RAVES**

<http://www.streetdrugs.org/rave.htm>

Choose from an extensive list of specific drugs or read about the most common club drugs on this home page. Links at the top connect to information for and about law enforcement, parents, teachers, students, and contacts.

- **LESSON PLAN: DATING VIOLENCE DETECTIVES**

<http://www.pbs.org/inthemix/educators/lessons/dateviol2/index.html>

For grades 9-12, this lesson plan introduces students to the key concepts surrounding teen dating violence. Their challenge is to design and publish a Web site for other teens to find information on the subject. Clearly defined plan takes four or five 50-minute periods.

- **DATE RAPE HELP PAGE SITE MAP**

<http://www.geocities.com/Wellesley/4350/sitemap.html>

Be ready to offer some suggestions and personal comfort to rape victims. This Web site has facts, writing, help groups, preventions, and a place to meet other victims. Designed particularly for females.

- **NON-TOXIC YOUTH ALTERNATIVES**

<http://www.nontoxicteencenter.com/phlsphy1.htm>

Read about one organization's attempt to offer drug-free alternatives to teens. Their mission statement is filling the void in an empty generation through relationships in a contemporary, exciting, and dynamic way. Find out how they do it.