



#9688

RISKY BEHAVIOR: WHAT YOU DO NOW MAY HAVE LIFETIME CONSEQUENCES

NIMCO, INC., 2002
Grade Levels: 8-13+
30 minutes

DESCRIPTION

Sexually transmitted diseases (STDs) remain at epidemic numbers among teenagers and young adults. Presents a factual overview of the most common bacterial, parasitical, and viral STDs. Discusses symptoms, treatment, and preventive measures. Compares symptoms of BV and yeast. Part of a series called "Straight Talk about STDs: The Unprotected Truth". The first sections of each video have specific STD information; the last section, "Staying Healthy", is the same throughout the series.

ACADEMIC STANDARDS

Subject Area: Health

- ★ Standard: Knows environmental and external factors that affect individual and community health
 - Benchmark: Understands how peer relationships affect health (e.g., name calling, prejudice, exclusiveness, discrimination, risk-taking behaviors) (See Instructional Goal #1.)
- ★ Standard: Knows how to maintain and promote personal health
 - Benchmark: Understands the short- and long-term consequences of safe, risky, and harmful behaviors (See Instructional Goals #1 and 3.)
 - Benchmark: Understands the impact of personal health behaviors on the functioning of body systems (See Instructional Goals #1, 2, and 3.)



INSTRUCTIONAL GOALS

1. To review how STDs are contracted, diagnosed, and treated.
2. To understand the different types of STDs (bacterial, parasitic, viral).
3. To understand the progression of STDs that are left undetected and untreated.

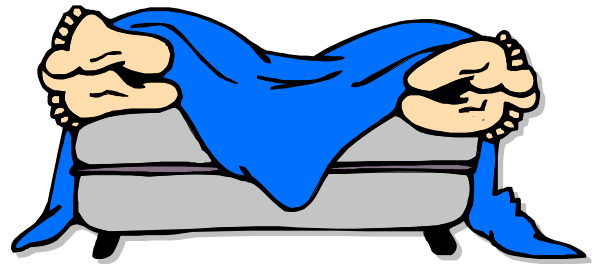
VOCABULARY

1. abstinence
2. antibiotics
3. arthritis
4. benign
5. birth defects
6. complications

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|-------------------------|-------------------------------|
| 7. contract (a disease) | 16. lesions |
| 8. dormant | 17. mutual monogamy |
| 9. epidemic | 18. recurring symptoms |
| 10. fatality | 19. reproductive age |
| 11. genitals | 20. sores |
| 12. impotency | 21. sterility |
| 13. infertility | 22. transmitted/ transmission |
| 14. inflammation | 23. vagina |
| 15. intercourse | 24. warts |

BEFORE SHOWING

1. Define STD. Brainstorm a list of different forms of STDs, their symptoms, and consequences.
2. Discuss common myths of STDs. Consider the following.
 - a. If symptoms go away on their own, you're cured.
 - b. You can treat STDs yourself.
 - c. You can get STDs from toilet seats, door knobs, or hot tubs.
 - d. You always know when you have an STD.
 - e. You can get STDs only if you have a lot of sexual partners.
 - f. You can only have one kind of STD at a time.
 - g. After you are cured of an STD, you cannot get it again.
 - h. A vaccine can protect you from getting STDs.
3. Examine individual values about dating behaviors. Discuss and explain appropriate ages for engaging in each behavior and which behaviors might be considered risky.
 - a. holding hands
 - b. kissing on the lips
 - c. French kissing
 - d. Petting
 - e. going out in a group of friends
 - f. dating
 - g. undressing in front of a boyfriend/girlfriend
 - h. having sexual intercourse
 - i. living with someone
 - j. entering a committed relationship with someone



DURING SHOWING

1. View the video more than once, with one showing uninterrupted.
2. During the second showing, stop the video after each main section to review content. The following section labels appear on the screen:
 - a. Types of STDs
 - b. Primary Bacterial STDs
 - c. Syphilis
 - d. Gonorrhea
 - e. Chlamydia

- f. Bacterial Vaginosis
- g. Primary Viral STDs
- h. Human Immunodeficiency Virus
- i. Human Papilloma Virus
- j. Genital Herpes
- k. Primary Parasite STDs
- l. Pubic Lice & Scabies
- m. Treatment & Prevention of Parasitic STDs
- n. STDs' Affect on Other People
- o. Your Future Without STDs



AFTER SHOWING

► Discussion Items and Questions

1. How many new cases of sexually transmitted diseases occur each year? What percentage of the population will have had an STD during their lifetime?
2. What are reasons why many people are unaware that an STD epidemic exists?
3. How are STDs spread?
4. What are some symptoms of STDs?
5. What are long term consequences of STDs? Which group of STDs is not curable?
6. What are some types of bacterial, viral, and parasitical STDs?
7. What is the nickname for syphilis? If left untreated, what can happen to a person with syphilis?
8. What is a nickname for gonorrhea? If left untreated, what can happen to a person with gonorrhea?
9. Why is chlamydia a very common STD? If left untreated, what can happen to a person with chlamydia?
10. What population group is most likely to contract bacterial vaginosis?
11. How many new cases of HIV are reported each year in the United States? What happens to a person with HIV over time?
12. What is another name for Human Papilloma Virus?
13. What are the two forms of genital herpes? What is the difference between them?
14. What are some ways pubic lice and scabies can be transmitted? What is the primary symptom of pubic lice? What are symptoms of a scabies infection? How can pubic lice and scabies be treated?
15. If you find out that you have an STD, what should you do?
16. What are some ways you can protect yourself from sexually transmitted diseases?

► Applications and Activities

1. Find STD support groups and resources in your community. Call the national STD and AIDS hotline at 800-243-7889 (TTY) or 800-342-2437 (voice).
2. Visit a local health clinic. Learn how to make an appointment, fill out paperwork, what the costs are, and what types of STD tests are given. Investigate privacy issues. Find out about accessibility for the deaf.
3. Role-play responses to pressuring statements that might be made by dating partners. Consider the following:
 - a. "I don't enjoy sex as much when I have to use a condom."

- b. "You're my girlfriend – you HAVE to."
 - c. "But I don't sleep around."
 - d. "I already tested negative for STDs. Don't you trust me?"
 - e. "Everybody does it. It's okay."
 - f. "Come on, I need you."
 - g. "Don't worry. I'll use a condom."
 - h. "I'm clean – no blisters or sores. We're totally safe."
 - i. "You led me on!"
 - j. "You're so old-fashioned. Nobody thinks that way anymore."
 - k. "If you get pregnant, I'll marry you."
 - l. "We had sex before, so what's the problem now?"
4. Create a comparison chart of different types of STDs. Include STD name, cause, symptoms, diagnosis, treatment, and resulting health problems.
 5. Research the difference between a bacteria, a parasite, and a virus.
 6. Look through magazines for advertisements to see how images of sex and sexual behaviors are used to sell products. Discuss how these types of advertisements might encourage risky behavior.
 7. Illustrate how having sexual contact with one person brings you in touch with that person's entire history of sexual contacts. Discuss the risk of having sexual contact with one person.

RELATED RESOURCES

- [Abstinence...It's the Right Choice #3204](#)
- [AIDS: Stopping the Spread of HIV #3428](#)
- [Bacterial Vaginosis: The Balance of Bacteria #9683](#)
- [Chlamydia: The Silent STD #9684](#)
- [Genital Herpes: A Lifetime Foe #9685](#)
- [Gonorrhea: No Clapping Matter #9686](#)
- [HIV/AIDS: The Untold Truth and Myths #9687](#)
- [Human Papilloma Virus: Misinformation Abounds #9744](#)
- [Smart Sex: How to Protect Yourself in the Age of AIDS #9412](#)
- [Syphilis: The Hidden Devastator #9689](#)
- [The Truth About Sex #8935](#)



World Wide Web

The following Web sites complement the contents of this guide; they were selected by professionals who have experience in teaching deaf and hard of hearing students. Every effort was made to select accurate, educationally relevant, and "kid safe" sites. However, teachers should preview them before use. The U.S. Department of Education, the National Association of the Deaf, and the Captioned Media Program do not endorse the sites and are not responsible for their content.

• CENTERS FOR DISEASE CONTROL

<http://www.cdc.gov/nchstp/dstd/dstdp.html>

Presents information on statistics and trends, research, treatment, and links to related sites. Provides a youth risk behavior surveillance survey.



**STD
Prevention**



asha American Social Health Association

www.iwannaknow.org

- **AMERICAN SOCIAL HEALTH ASSOCIATION**

<http://www.iwannaknow.org/>

Designed for teens to learn about STDs and sexual health. Provides clear facts and answers about different forms of STDs.

- **FREE TEENS USA**

<http://www.freeteens.org/>

Abstinence-centered HIV/AIDS, STDs, and pregnancy prevention program for teens.

