



#9563

LOVE--ALL THAT & MORE: PART 3: PUTTING IT ALL TOGETHER

CENTER FOR PREVENTION OF SEXUAL/DOMESTIC VIOLENCE, 2001

Grade Levels: 9-12

24 minutes

DESCRIPTION

Young men and women discuss dating relationships; and jealousy, conflict, trust, vulnerability, and communication. Also includes negotiation and compromise. Concludes with the notion that the best relationships are based on mutual respect.

ACADEMIC STANDARDS

Subject Area: Health

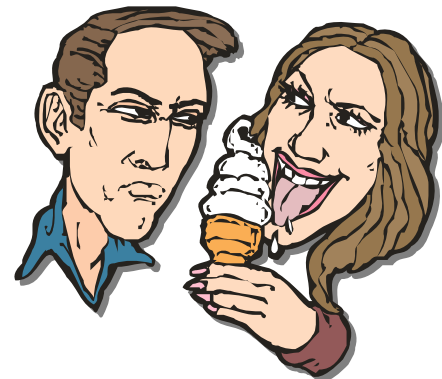
- ★ Standard: Understands the relationship of family health to individual health
 - Benchmark: Understands the responsibilities inherent in dating relationships, marriage, and parenthood (See Instructional Goals # 2 and 3.)
- ★ Standard: Knows essential concepts and practices concerning injury prevention and safety
 - Benchmark: Knows strategies for solving interpersonal conflicts without harming self or others (See Instructional Goal #1)

INSTRUCTIONAL GOALS

1. To recognize that jealousy and conflict are normal experiences that can be addressed in healthy ways.
2. To understand how equality, trust, communication, compromise, and respect work together to create relationships which are nurturing, supportive, healthy, and fun for both partners.
3. To encourage seeking relationships based on equality and mutual respect.

BACKGROUND INFORMATION

While this video and activities should not be upsetting, they could potentially elicit painful feelings for someone who has experienced abuse in a dating or family relationship. If you are concerned that one of your participants has witnessed or experienced abuse, or a disclosure of abuse is made during the session, avoid singling out this person in the group or discussing the abuse while others are present. Review your state's child abuse reporting guidelines before initiating any discussion about abuse with the student.



VOCABULARY

1. conflict
2. jealousy
3. doubt
4. contradiction
5. insecurities
6. compliment
7. fault
8. trustworthy
9. vulnerability
10. interrupt
11. commitment
12. violating trust
13. equality
14. possessive
15. ideal
16. incompatible
17. "oughta know"
18. read someone's mind
19. compromise
20. break up

BEFORE SHOWING

1. Create a list of ground rules for respectful behavior during the video, discussion, and activities. Consider the following.
 - a. The right for people to speak without being interrupted.
 - b. Not making fun of what someone else says.
 - c. Attending quietly during the video and discussion.
2. Brainstorm a list of what you want in a relationship.



AFTER SHOWING

► Discussion Items and Questions

1. What are the key ingredients of a good relationship?
2. What happened in the vignette entitled, "Jamal's Blind Date"? What is missing in this relationship?
3. How can you know if you are in a healthy relationship? How does being in a healthy relationship make you feel about yourself and your partner?
4. What kinds of problems do young people have in their dating relationships? Which of these are most likely to lead to violence?
5. What characteristics might cause you to suspect that someone is or could become abusive in a dating relationship? What does the abusive person gain and lose by his or her actions?
6. What are some ways jealousy can be used to dominate and control a partner?
7. What could make it difficult to break up with someone? What are some healthy coping strategies during and after a break up?

► Applications and Activities

1. Brainstorm a list of healthy relationship role models. Consider movies, television, the school community, and your family.
2. Create your own rules for healthy handling of conflict in a dating relationship.
3. Role-play how to take care of yourself or others in the following situation.
 - a. You are out with a group of friends when your partner makes an insulting remark about you or someone else.
 - b. You are out with someone you don't know very well and he/she starts asking you very personal questions that you don't want to answer.
 - c. Your partner is pressuring you to have unprotected sex.

- d. You suspect your partner is lying to you. Your friends report to you that your partner is seeing someone else.
- e. Someone you met in a chat room invites you over to study.

RELATED RESOURCES



- [Love – All That & More: Part 2: Let’s Talk About Sex #9561](#)
- [Love -- All That & More: Part 1: What Do You Want? #9562](#)
- [The Dark Side of Dating: Gossip, Hurt, and Risks #9739](#)



World Wide Web

The following Web sites complement the contents of this guide; they were selected by professionals who have experience in teaching deaf and hard of hearing students. Every effort was made to select accurate, educationally relevant, and “kid safe” sites. However, teachers should preview them before use. The U.S. Department of Education, the National Association of the Deaf, and the Captioned Media Program do not endorse the sites and are not responsible for their content.

- **LOVE DOESN'T HAVE TO HURT TEENS** <http://www.apa.org/pi/pii/teen/homepage.html>



This on-line brochure is a subsite of the American Psychological Association’s Healthy Adolescents Project. Includes vignettes, information, and resources.

- **OUTPROUD**

<http://www.outproud.org/>

This site of the National Coalition for Gay, Lesbian, Bisexual, and Transgendered Youth offers information about community role models, resources to increase safety and school support, and opportunities for youth to communicate with each other about sexual orientation.

outProud™
Be Yourself.

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- **SAFEPLACE** <http://www.austin-safeplace.org/programs/school/teenDVSA.htm>



This site is hosted by the SafePlace Domestic Violence and Sexual Assault Survival Center in Austin, Texas and provides information on dating and sexual violence, sexual harassment, and healthy relationships.

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- **SMARTGIRL** <http://www.smartgirl.org/>

This site provides an on-line forum specifically for teenage girls to communicate with each other about issues that are important to them, including love and friendship.



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- **TEEN VOICES**

<http://www.teenvoices.com/tvhome.html>



This on-line and print magazine challenges the mainstream media's images of girls. Written by, for, and about teenage girls and young adult women, this site provides a forum for discussions about self-esteem, racism, sexism, pop culture, and health issues.

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- **WHEN LOVE HURTS** <http://www.dvirc.org.au/whenlove/>

This site created by the Domestic Violence and Incest Resource Center in Melbourne, Australia, provides a complete guide for girls on love, respect and abuse in relationships.

