

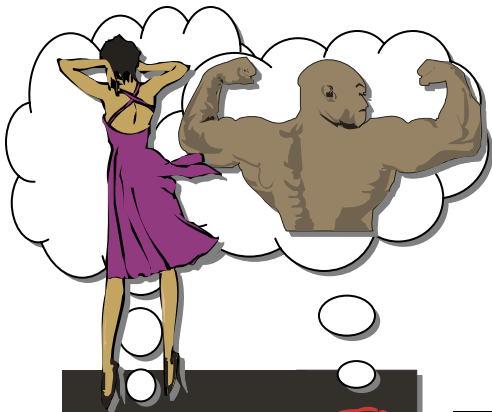
#9562

LOVE--ALL THAT & MORE: PART 1: WHAT DO YOU WANT?

CENTER FOR PREVENTION OF
SEXUAL/DOMESTIC VIOLENCE, 2000

Grade Levels: 9-12

22 minutes



DESCRIPTION

What do young people want in dating relationships? Teens voice their feelings, confusions, and experiences with dating. Men and women both acknowledge media's influence on their expectations, while noting they all want equality and mutual respect.

ACADEMIC STANDARDS

Subject Area: Health

- ★ Standard: Understands the relationship of family health to individual health
 - Benchmark: Understands the responsibilities inherent in dating relationships, marriage, and parenthood. (See Instructional Goal #3.)
- ★ Standard: Understands the fundamental concepts of growth and development
 - Benchmark: Understands how physical, mental, social, and cultural factors influence attitudes and behaviors regarding sexuality. (See Instructional Goal #1.)

INSTRUCTIONAL GOALS

1. To increase awareness of gender stereotypes portrayed in the media and how these images promote unrealistic standards and expectations for men and women.
2. To examine the connection between unequal power and abuse in dating relationships.
3. To illustrate the elements that make up healthy relationships.
4. To encourage seeking relationships based on equality and mutual respect.

BACKGROUND INFORMATION

While this video and activities should not be upsetting, they could potentially elicit painful feelings for someone who has experienced abuse in a dating or family relationship. If you are concerned that one of your participants has witnessed or experienced abuse, or a disclosure of abuse is made during the session, avoid singling out this person in the group or discussing the abuse while others are present. Review your state's child abuse reporting guidelines before initiating any discussion about abuse with the student.

VOCABULARY

1. hook up
2. attracted
3. partner
4. glamorous
5. cater
6. make fun of
7. feet bound
8. ambitions
9. image
10. ideal
11. vulnerable
12. submissive
13. domineering
14. conform
15. dynamic
16. bulldoze
17. nurture
18. consequence
19. values
20. intimate

BEFORE SHOWING

1. Create a list of ground rules for respectful behavior during the video, discussion, and activities. Consider the following.
 - a. The right for people to speak without being interrupted.
 - b. Not making fun of what someone else says.
 - c. Attending quietly during the video and discussion.
2. List five things that you are looking for in a boyfriend/girlfriend.

AFTER SHOWING

► Discussion Items and Questions

1. What does the media say about how men and women are supposed to look and act?
2. What do boys do to try to make themselves tougher, stronger, or in control of a situation?
3. What do boys have to give up or hide about themselves in order to live up to the stereotype of a "real man"?
4. What was going on at the school in the vignette, "What They Gave for Love"? What did the blonde girl say she used to have to give up to get a date? What do girls give up in real life?
5. Discuss foot binding of girls in China?
6. What do girls hide about themselves in order to be more attractive?
7. How do the unwritten rules for men and women get in the way of healthy relationships?
8. What did the teens in the video say they were looking for in a dating partner?

► Applications and Activities

1. Revise the list of qualities you are looking for in a boyfriend/girlfriend. (See Before Showing #2.)
2. Create a list of rules for healthy dating relationships.
3. Imagine interviewing someone before going out or getting intimately involved. Write 10 open-ended questions that will provide the information needed to make a good choice.

RELATED RESOURCES



- [When Dating Turns Dangerous #3320](#)
- [Red Flags: Avoiding Abusive Relationships #3647](#)
- [Love – All That & More: Part 2: Let’s Talk About Sex #9561](#)
- [Love – All That & More: Part 3: Putting it All Together #9563](#)
- [The Dark Side of Dating: Gossip, Hurt, and Risks #9739](#)



World Wide Web

The following Web sites complement the contents of this guide; they were selected by professionals who have experience in teaching deaf and hard of hearing students. Every effort was made to select accurate, educationally relevant, and “kid safe” sites. However, teachers should preview them before use. The U.S. Department of Education, the National Association of the Deaf, and the Captioned Media Program do not endorse the sites and are not responsible for their content.

- **GIRL POWER!**

<http://www.girlpower.gov/>

This is the web page of the national public education campaign sponsored by the U.S. Department of Health to help encourage and motivate 9- to 13- year-old girls to make the most of their lives. Girl Power! seeks to reinforce and sustain positive values among girls ages 9-13. Includes sections for adults, for girls, and links to related research and news.



- **LOVE DOESN'T HAVE TO HURT TEENS** <http://www.apa.org/pi/pii/teen/homepage.html>

LOVE
SHOULDN'T HURT
LIKE THIS!

This on-line brochure is a subsite of the American Psychological Association's Healthy Adolescents Project. Includes vignettes, information, and resources.

outProud™

Be Yourself.

- OUTPROUD

<http://www.outproud.org/>

This site of the National Coalition for Gay, Lesbian, Bisexual and Transgendered Youth offers information about community role models, resources to increase safety and school support, and opportunities for youth to communicate with each other about sexual orientation.

- SAFEPLACE



This site is hosted by the SafePlace Domestic Violence and Sexual Assault Survival Center in Austin, Texas and provides information on dating and sexual violence, sexual harassment, and healthy relationships.

<http://www.austin-safeplace.org/programs/school/teenDVSA.htm>

- SMARTGIRL

<http://www.smartgirl.org/>

This site provides an on-line forum specifically for teenage girls to communicate with each other about issues that are important to them, including love and friendship.

- TEEN VOICES <http://www.teenvoices.com/tvhome.html>



This on-line and print magazine challenges the mainstream media's images of girls. Written by, for, and about teenage girls and young adult women, this site provides a forum for discussions about self-esteem, racism, sexism, pop culture, and health issues.

- WHEN LOVE HURTS

<http://www.dvirc.org.au/whenlove/>

This site created by the Domestic Violence and Incest Resource Center in Melbourne, Australia provides a complete guide for girls on love, respect, and abuse in relationships.

Love, Respect, and Abuse
in Relationships

