

#9561 LOVE--ALL THAT & MORE: PART 2: LET'S TALK ABOUT SEX

CENTER FOR PREVENTION OF SEXUAL/DOMESTIC VIOLENCE, 2000 Grade Levels: 9-12 20 minutes

DESCRIPTION

Young people frankly express their feelings and confusions about sex as they discuss dating manipulation, abuse, and pressures. Stresses their hope for equality, connection, love, and respect in the dating relationship.

ACADEMIC STANDARDS

Subject Area: Health

- ★ Standard: Understands the relationship of family health to individual health
 - Benchmark: Understands the responsibilities inherent in dating relationships, marriage, and parenthood (See Instructional Goal #3.)
- ★ Standard: Understands the fundamental concepts of growth and development
 - Benchmark: Understands how physical, mental, social, and cultural factors influence attitudes and behaviors regarding sexuality (See Instructional Goal #1.)

INSTRUCTIONAL GOALS

- 1. To explain that in order to achieve true intimacy with another person, partners must share power and respect each other's feelings, opinions, and decisions.
- 2. To depict that it takes mutual respect, trust, and communication for sex to be experienced as an act of love versus rape or abuse.
- 3. To illustrate the elements that make up healthy relationships.
- 4. To encourage seeking relationships based on equality and mutual respect.

BACKGROUND INFORMATION

While this video and activities should not be upsetting, they could potentially elicit painful feelings for someone who has experienced abuse in a dating or family relationship. If you are concerned that one of your participants has witnessed or experienced abuse, or a disclosure of abuse is made during the session, avoid singling out this person in the group or discussing the abuse while others are present. Review your state's child abuse reporting guidelines before initiating any discussion about abuse with the student.

VOCABULARY

- 1. abusive
- 2. romantic
- 3. slut
- 4. whore
- 5. 'ho
- 6. player
- 7. stud
- 8. rite of passage
- 9. one night stand
- 10. connected

BEFORE SHOWING

- 11. a committed relationship
- 12. manipulate
- 13. rape
- 14. urgency
- 15. conscience
- 16. pressure
- 17. coercion
- 18. sacred
- 19. intimacy
- 1. Create a list of ground rules for respectful behavior during the video, discussion, and activities. Consider the following.
 - a. The right for people to speak without being interrupted.
 - b. Not making fun of what someone else says.
 - c. Attending quietly during the video and discussion.
- 2. Brainstorm examples seen in the media of unhealthy sexual relationships. Consider husband/wife, boyfriend/girlfriend, and other relationships.

AFTER SHOWING

Discussion Items and Questions

- 1. What did the young people in the video say about sex?
- 2. Is it true that only boys are interested in sex? Is it true that girls are bad if they want sex? Where do these ideas come from?
- 3. What are some reasons to wait before having sex?
- 4. What was going on in the vignette, "The Man Who Wouldn't Listen"?
- 5. How did the boy who walked onto the car lot get manipulated and forced into buying the car? What did the salesman say or do?
- 6. What is the meaning of consent and how do people know when they really have it?
- 7. What are some excuses to justify forcing sex? Are there any circumstances under which it would be acceptable for someone to force sex on another person?
- 8. What might make it difficult for someone to report a rape to the authorities? What if the rape occurred in a dating relationship? What if the rape occurred in a gay or lesbian relationship?

Applications and Activities

- 1. Write a definition for the terms "rape" and "great sex". Include information from the video.
- 2. Role-play one of the following situations.
 - a. A friend tells you they have been raped.
 - b. Someone you are dating says "No" to being intimate.
 - c. A friend is making victim-blaming comments like "she wanted it" or "she deserved it" about a person who had been raped.

- d. Your friend's partner is very jealous and possessive. You begin to worry that the friend is in danger.
- e. You decide a relationship is not working out for you but you're afraid to break up.
- 3. Brainstorm ways to improve the quality of current relationships or increase potential for having great relationships in the future.

RELATED RESOURCES

- Love -- All That & More: Part 1: What Do You Want? #9562
- Love All That & More: Part 3: Putting it All Together #9563
- The Dark Side of Dating: Gossip, Hurt, and Risks #9739



World Wide Web

The following Web sites complement the contents of this guide; they were selected by professionals who have experience in teaching deaf and hard of hearing students. Every effort was made to select accurate, educationally relevant, and "kid safe" sites. However, teachers should preview them before use. The U.S. Department of Education, the National Association of the Deaf, and the Captioned Media Program do not endorse the sites and are not responsible for their content.

LOVE DOESN'T HAVE TO HURT TEENS



http://www.apa.org/pi/pii/teen/homepage.html

This on-line brochure is a subsite of the American Psychological Association's Healthy Adolescents Project. Includes vignettes, information, and resources.





• SAFEPLACE

http://www.austin-safeplace.org/programs/school/teenDVSA.htm

This site is hosted by the SafePlace Domestic Violence and Sexual Assault Survival Center in Austin, Texas and provides information on dating and sexual violence, sexual harassment, and healthy relationships.



SMARTGIRL

http://www.smartgirl.org/

This site provides an on-line forum specifically for teenage girls to communicate with each other about issues that are important to them, including love and friendship.





• TEEN VOICES

http://www.teenvoices.com/tvhome.html

This on-line and print magazine challenges the mainstream media's images of girls. Written by, for, and about teenage girls and young adult women, this site provides a forum for discussions about self-esteem, racism, sexism, pop culture, and health issues.

• WHEN LOVE HURTS

http://www.dvirc.org.au/whenlove/



This site created by the Domestic Violence and Incest Resource Center in Melbourne, Australia provides a complete guide for girls on love, respect, and abuse in relationships.

when love hurts