

#9321

NO WAY!!! TO TREAT OTHERS

AIMS MULTIMEDIA

2000

Grade Levels: 9-13+

28 minutes

1 Instructional Graphic Enclosed



DESCRIPTION

Aaron's special project, making a video of how bullying affects others, shows students' frustrations as they reveal how they were teased because of weight, disabilities, speech problems, and even academic excellence. Suggests tactics bullied students can take and offers possible reasons bullying exists.

ACADEMIC STANDARDS

Subject Area: Health

- Standard: Knows how to main mental and emotional health
 - Benchmark: Knows appropriate ways to build and maintain positive relationships with peers, parents, and other adults (e.g., interpersonal communication)
 - Benchmark: Knows techniques for seeking help and support through appropriate resources

Subject Area: Thinking and Reasoning

- Standard: Applies basic trouble-shooting and problem-solving techniques
 - Benchmark: Applies trouble-shooting strategies to complex real-world situations

Subject Area: Self-Regulation

- Standard: Considers risks
 - Benchmark: Uses common knowledge to avoid hazard or injury
- Standard: Maintains a healthy self-concept
 - Benchmark: Uses techniques to remind self of strengths
 - Benchmark: Avoids overreacting to criticism
 - Benchmark: Uses high self-esteem body language

INSTRUCTIONAL GOALS

1. To show students different forms of bullying.
2. To demonstrate that bullying comes in many forms and is done for a variety of reasons.
3. To encourage students to seek help if they are the victims of bullies.
4. To demonstrate that students can conquer bullying in their schools by getting involved.
5. To emphasize that violence is no way to solve differences.

BEFORE SHOWING

1. Ask the students why some people become bullies.
2. Have the students ever been bullied personally? If so, have them discuss how this made them feel.
3. For those that have been bullied, ask them how they handled it—did they go to their families or teachers? Did this help?

AFTER SHOWING

Discussion Items and Questions

1. Why must victims of bullying go to an adult to get help and not try to handle it themselves?
2. How does bullying cause other problems in a person's life?
3. How can the students help stop bullying?
4. The founder of Kids Hope had a son. What happened to him as a result of being bullied? How did the son's death make the students feel?
5. Ask students to raise their hands if they've ever bullied someone. Ask them what they can do to make amends to that person or people.
6. What are some reasons people are teased?
7. What are some things everyone can do to prevent abuse by bullies?
8. What are some reasons people become bullies?

Applications and Activities

1. Make a poster for the classroom that states the different ways students can prevent or combat bullying. The poster may include the following:
 - a. Don't be negative or name-call.
 - b. Don't be intimidated by bullies.
 - c. Never resort to violence.
 - d. Get help from teachers, family, or friends.
 - e. Don't worry about being a tattletale.
 - f. Don't become a bully's slave or "right-hand man."
 - g. Realize that excluding others is the same as bullying.
 - h. Don't ever tolerate abuse or threats from others.
2. Have a forum with several classes, or even the whole school, where students can discuss the recent growth of high school violence in the United States. Ask the students what they think would drive a student to hurt others in a violent way. Encourage the students to relate fears they have that such violence could occur in their school, and ask what they can do to fight back or help stop this violence.
3. Organize a "Week Without Violence." Distribute pledge forms for the students to sign indicating their agreement to modify violence-provoking behaviors. (See INSTRUCTIONAL GRAPHICS.)

SUMMARY

No Way... To Treat Others is a pull-no-punches look at how bullying affects others. Early on we meet Aaron, a senior in high school who is asked to make a video of people who have been teased by their classmates. The result is a no-holds-barred, honest portrayal of students who have been bullied for a variety of reasons: weight issues, speech impediments, disabilities, and

even academic overachievement, to name a few. We also meet the father of a boy who killed himself after years of torment about his weight.

The video concludes with pragmatic and straightforward ways in which students can both protect themselves from bullies and assist others who are being hurt. *No Way...To Treat Others* also gives insight into why bullies may act as they do, and mentions tactics for helping them to break their habit of abusing others. In short, this video can be a dramatic steppingstone for students to move past casual acceptance of bullying to the willingness to do something about it—starting with themselves.

RELATED RESOURCES



Captioned Media Program

- Handguns Made for Killing: Not for Kids #3613
- Just a Little Red Dot #8786
- R-E-S-P-E-C-T #3502
- Understanding and Resolving Conflicts #3309
- Win-Win #3683



World Wide Web

The following Web sites complement the contents of this guide; they were selected by professionals who have experience in teaching deaf and hard of hearing students. Every effort was made to select accurate, educationally relevant, and "kid safe" sites. However, teachers should preview them before use. The U.S. Department of Education, the National Association of the Deaf, and the Captioned Media Program do not endorse the sites and are not responsible for their content.

• BULLYING

http://www.education-world.com/a-apacial/bully_2000.shtml

Several articles take a look at the problem of bullying and provide tips on how to stop it. Topics include: "Don't Get Even; Get Help!" "Stop Bullying Before It Starts!" "Ten Web Sites for Exploring conflict Resolution in the Classroom," and more.

• BULLIES: A SERIOUS PROBLEM FOR KIDS

<http://www.ncpc.org/10adu3.htm>

Explains that bullying is an early form of aggressive, violent behavior. Gives a brief description on "A Word About the Victim," "A Word About the Bully," and lists several tips on what you can do as a confidant.

• BULLYING.ORG

<http://www.bullying.org/>

Click on "Drawings," "Films," "Poems," "Stories" for personal accounts of experiences in being bullied.

INSTRUCTIONAL GRAPHICS

- WEEK WITHOUT VIOLENCE PLEDGE

"Week Without Violence" Pledge

To help make my school a safer, happier place, I pledge that:

Directions: Please check the square as you learn each part of the pledge.

- I will respect myself.
- I will respect others' rights, needs and differences.
- I will try to be kind, help others and have a positive attitude.
- I will walk away and take a deep breath if someone or something makes me angry.
- I will not hit, push or physically hurt anyone.
- I will not hurt others with put-downs, teasing or bullying.
- I will try to solve problems using my own words, not my hands.
- I will listen to others when they speak and not talk at the same time.
- I will try to understand how others think and feel.
- I will treat others as I want them to treat me.

My Name _____