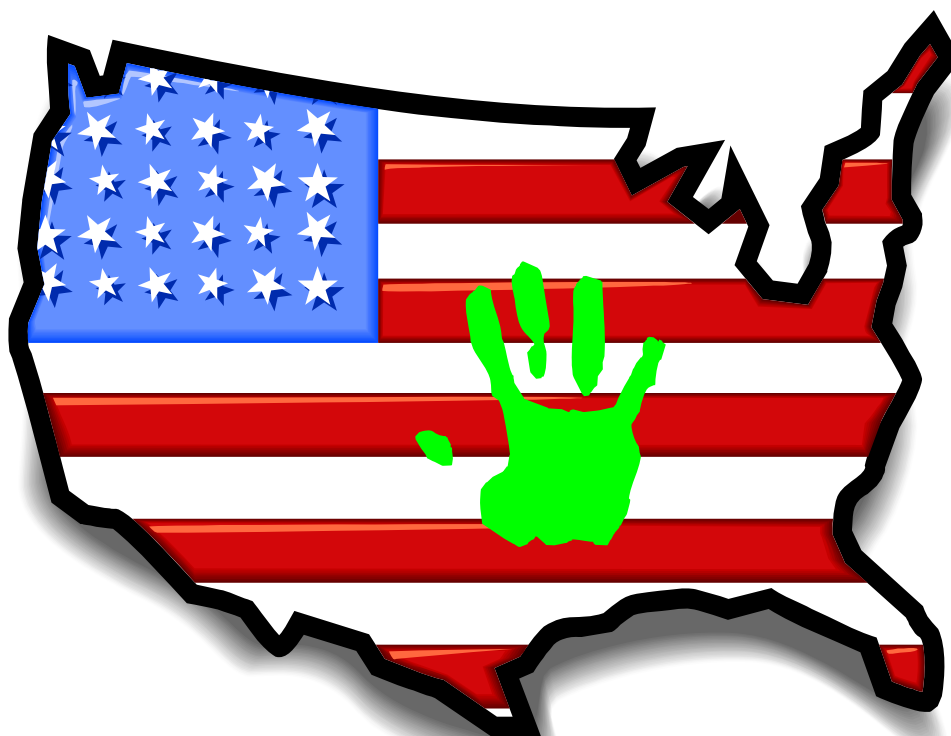


# #10180

## CRAFTING IN THE USA: SOUTH EAST

KS, INC., 2003  
Grade Level: 5-12  
27 Minutes  
4 Instructional Graphics Included



### CAPTIONED MEDIA PROGRAM RELATED RESOURCES

[#10172 CRAFTING IN THE USA: APPALACHIA REGION](#)  
[#10178 CRAFTING IN THE USA: NORTH EAST—MIDDLE ATLANTIC STATES](#)  
[#10179 CRAFTING IN THE USA: NORTH EAST—NEW ENGLAND STATES](#)

**Special Note**

to Teachers, Parents, and  
Group Leaders about the  
"Hands On" Philosophy!

**Hands On Crafts for Kids**  
is all about celebrating  
our kids' creativity  
through the following  
three elements.



**Creativity.** Crafting is  
truly a wonderful way  
for children to express  
themselves and build  
self-esteem. The projects  
are designed just for  
kids to encourage  
development of individual  
style and expression.



**Crafting with a Purpose.**  
Hands On invites kids  
to use their crafting to  
help others. From making  
gifts to special projects,  
crafting can be both a  
fun activity for kids  
and a source of ideas  
for charitable projects.



**Knowledge.** Learning  
takes place through  
well-designed, curriculum-  
based, creative projects.  
As kids explore their  
creativity, they will also  
learn about the world we  
live in.

**All Kids are Creative!!**



Dear Kids and Parents:

It's time for another journey with Hands On Crafts for Kids - across the United States! From New England and the Atlantic coast, all the way across the continental United States and even to Hawaii, its time to celebrate the customs and symbols of the 50 United States.

There are state birds, flags, landmarks, and design styles representing each of the major regions of the country. We also have a special section on Appalachia - an area rich in crafting tradition, and a chapter on folklore and legends like Pecos Bill and Paul Bunyon, and lastly a chapter on patriotic designs for the entire USA.

Though each project shows a finished craft and all of our steps - don't be afraid to use some good old "American creativity". Substitute your favorite colors and any supplies you might have around the house. Make each project the way YOU want to. With Hands On there's no right or wrong way — only your way!

We hope you'll watch Hands On Crafts for Kids on television, too. It can be found on Public Television Stations all across these United States! Check your local tv guide or visit us on the web at [www.craftsforkids.com](http://www.craftsforkids.com). You can find information on how to find the program in your area plus lots of other great projects!

A little red, white and blue is in order so choose your favorite project and lets get started on a trek across these great United States!



Publisher .....	Katherine Stull
Project Editor & Design .....	Barb Zimmerman
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Printing .....	Press of Ohio

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# Basic Instructions and Special Tips

Look these ideas over before you begin Crafting in the USA. Have a wonderful trip!



## IMPORTANT!

When you see the "helping hand" symbol on a project page, it means you may need adult supervision to do the project. Always use care when using tools or a heat source. Be careful and safe!



## Prepare and protect your work surface and your clothes

Prior to beginning your craft project be sure and cover your work surface with plastic or old newspapers. A neat and clean work surface makes for fun and easy crafting. Be sure and protect your clothes as well. Wear an old shirt or an apron. And always keep a roll of paper towels handy to wipe up spills.



## Basic Supplies

There are some basic supplies that are used throughout the book which are not always in the project supply lists. Some of these general supplies are: paper clips, toothpicks, paper, tracing paper, paper plate/paint palette, bowls for mixing, etc. Always review the supply list and instructions before getting started. Make sure you have all your supplies ready before starting a project.



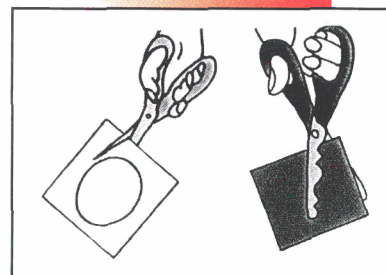
## Read product directions

For best results, always read and follow directions given on each product label. Some products may seem to do the same thing, but there may be important differences you need to know. Sometimes it's helpful to test a product on a piece of scrap supply before using it on your project.

## Basic Instructions and Special Tips, Continued

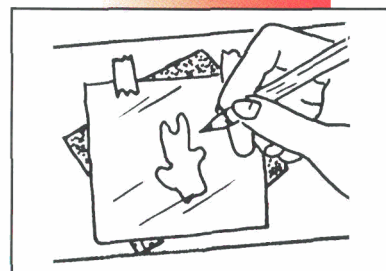
### Cutting

When cutting with a pair of scissors, always work slowly and evenly. Hold the material you are cutting with the opposite hand, turning it toward the scissors as you cut. When using decorative edge scissors be sure and line up the cutting design that is along the edge of the scissor as you cut out shapes. Work slowly so you maintain a consistent decorative edge.



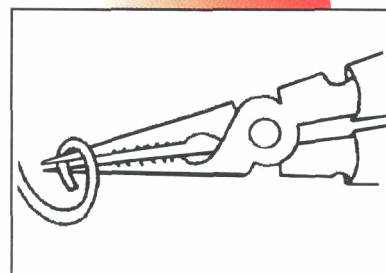
### Tracing patterns

Trace the desired patterns from this book with a pencil onto tracing paper. Lay the traced pattern on top of a project surface. Place transfer, or graphite paper under the pattern then trace over design with a soft pencil, or crayon. Another way is to cut out the pattern from the tracing paper. Lay the cut out on your desired material, and draw around it.



### Craft Wire

Craft wire comes in different sizes or gauges for example 18, 22, and 24 gauge. The higher the number the thinner the wire. Sometimes with thinner wire you can bend and shape it with your hands. However, some wire like the 18 gauge wire requires the use of needle nose pliers in order to bend and shape it to the desired design.



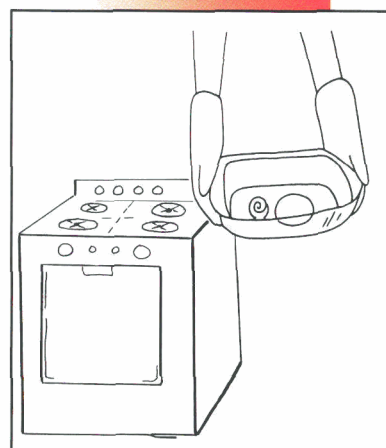
### Clay

#### Oven bake clay

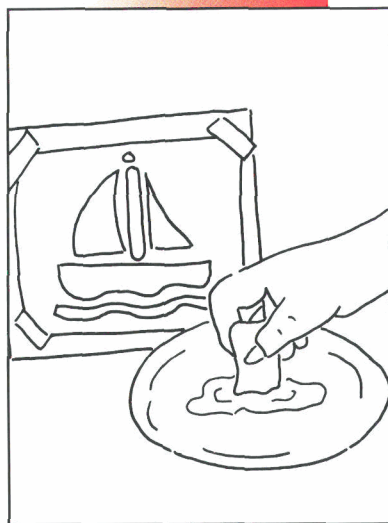
Knead clay until soft to make it easy to work with. Cover working surfaces with wax paper, then clean surfaces and wash your hands thoroughly after kneading. Bake clay on an oven proof glass surface in a 275°F oven for 15 minutes per 1/4" thickness, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.

#### Eraser clay

Bake clay on an oven proof glass surface in a 250°F oven for 10 minutes, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.







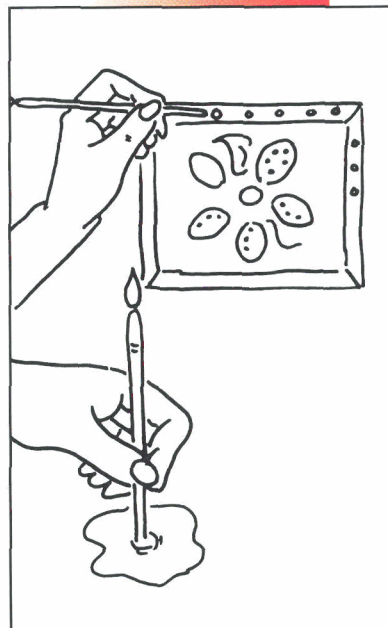
## Painting Techniques

### Stenciling

Secure the edges of the stencil with masking tape on the item you'll be stenciling. Squeeze a small amount of desired paint color(s) onto paper plate. Tap the flat end of a stencil sponge into the paint, tapping excess paint off on plate. Pounce the sponge onto the center of the stencil, applying an even coat of paint. To add an additional color to the same stencil pattern, use a clean stencil sponge and apply new color.

### Dry-brushing

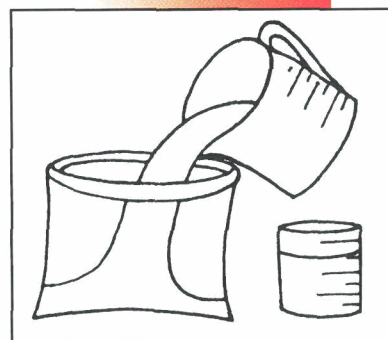
To dry brush, dip the tip of a dry brush into paint. Blot excess paint on a paper towel and apply in light strokes to surface.



## Special effects

### With paint or markers

You'll note that we frequently refer to adding special highlights to a project using paint or makers. To add decorative dots, eyes, etc. dip the end of a paint brush into desired paint color and apply it to your design. Lift the paint brush handle straight up from the project so the paint won't smear. Wipe off the end of your paint brush before changing colors. You can also use cotton swabs for this technique, however you'll need to use a separate one for each color used. You can achieve similar results by using markers from fine point to wide point markers. It's always recommended to use permanent markers so the colors won't bleed if used over paint or other mediums.



## Instant Papier-Maché

Mix instant papier-maché in a plastic bag or mixing bowl. Add 32 oz. of water to 1lb. of instant papier-maché. Warm water mixes faster. Knead until firm like clay or stiff dough with no dry spots. If mixture is too soft, add more dry maché; if too dry, add water sparingly. Mixed instant papier-maché in a plastic bag will keep at room temperature for some time, or indefinitely in a refrigerator.



# Cinnamon Log Cabin

by Jeanne Jacobowski  
of Michael's Arts & Crafts Store  
[www.michaels.com](http://www.michaels.com)

Visit the small towns nestled in the foothills of the Appalachians and you will find many log homes. As these towns were settled it was difficult to bring building materials into the mountains, so often the local trees were used to create log cabins; but none smell so sweet as our cinnamon house.

## You will need:

- ☐ Square tissue box
- ☐ 2 Pkgs. cinnamon sticks
- ☐ White craft paper
- ☐ Acrylic paint - brown & grey
- ☐ Glue
- ☐ Texture medium
- ☐ Two 1" foam brushes
- ☐ Scissors
- ☐ Pencil
- ☐ Ruler

May need a helping hand

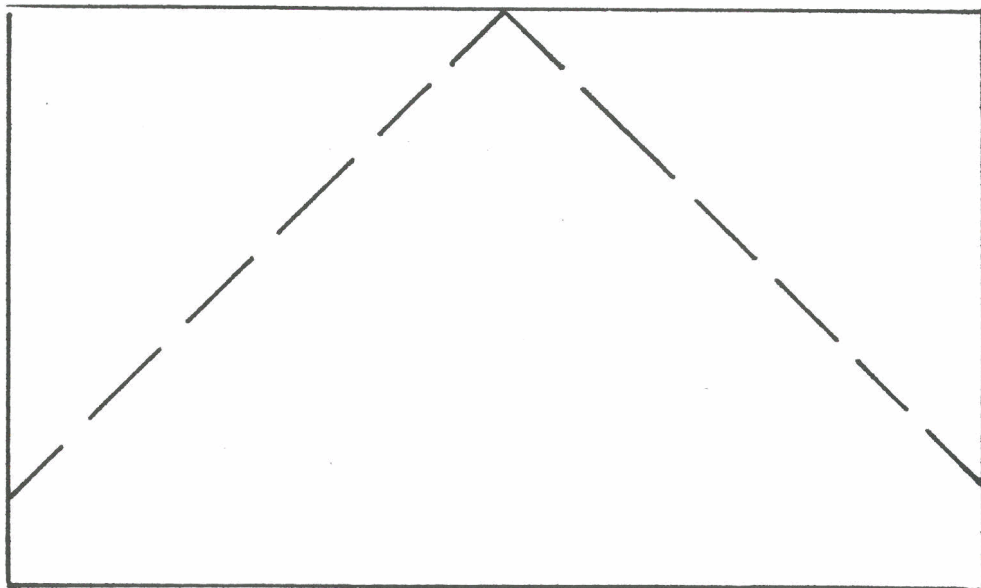


## Step-by-step:

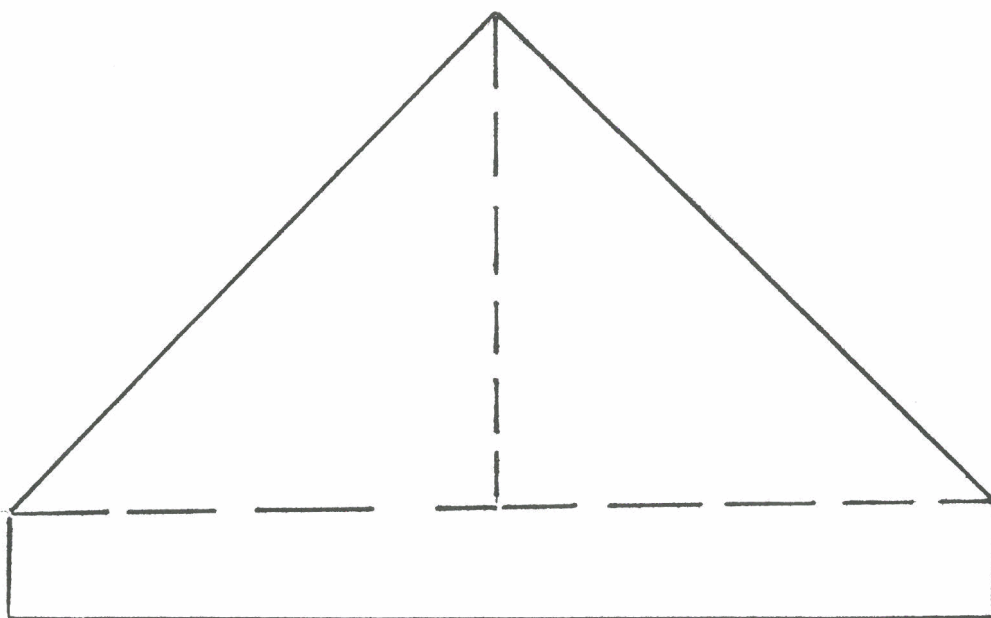
1. Cut top off of box. Turn upside down and cut doors and windows as shown. Leave door attached at one side so that it can close.
2. Measure and cut a 5" x 9" piece of white craft paper for roof top.
3. Trace and cut 2 side roof sections from white craft paper. Mark dotted lines on side roof pieces.
4. Fold roof top in half. Bend flaps on side roof pieces inward at dotted lines and glue to inside of roof top. Glue completed roof to the edge of tissue box. Let dry.
5. Apply one coat of texture medium to roof, making rough lines to represent shingles. Let dry.
6. Paint box grey, using straight strokes so that it resembles wood grain. Paint roof and door grey with a little brown paint swirled in to add texture. Let dry.
7. Lay the cabin on it's side. Break or cut cinnamon stick to sizes needed as you work around the cabin. Apply small pieces of cinnamon stick around windows and doors for trim, then fill in all sides. Do one side at a time and let dry before turning cabin to next side. Add a small piece of cinnamon to door for handle.



-step (continued):

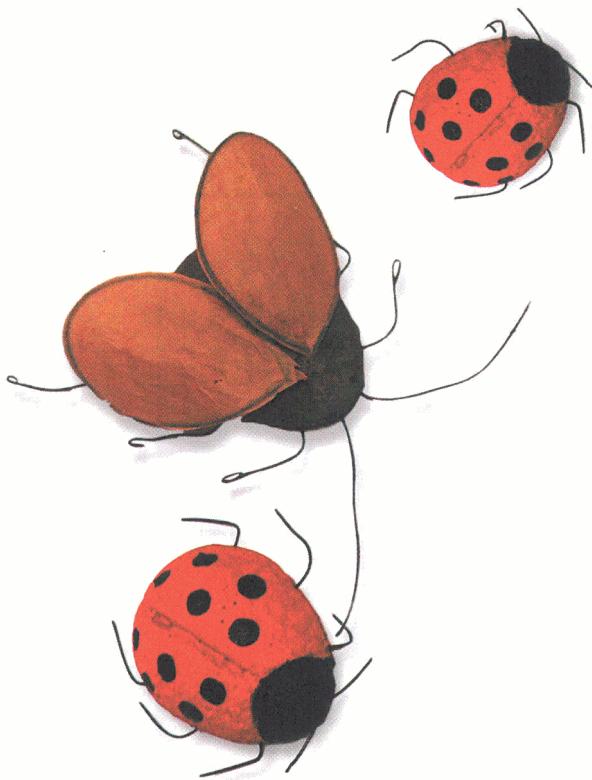


Cut 2 Roof Sides



Fold roof sides along dotted lines.

Beacon™ Kids Choice Glue™; Delta Ceramcoat® Acrylic Paint,  
Texture Medium; Fiskars® Scissors



# Bugs

by Julie McGuffee

## You will need:

- ☐ 3" Craft foam ball
- ☐ Craft foam finishing medium
- ☐ Acrylic paint - brown, black & red
- ☐ 24 gauge wire - 36" Length brown
- ☐ 24 gauge wire - 16" Length black
- ☐ Vellum - light brown
- ☐ Foam brush
- ☐ Paint brush
- ☐ Glue
- ☐ Craft snips
- ☐ Scissors
- ☐ Pencil
- ☐ Plastic knife

May need a helping hand



## Step-by-step:

1. Cut the craft foam egg in half lengthwise from top to bottom.

2. Roll the edges along a table top to smooth. Use the edge of a craft stick or a very blunt pencil to mark a circle around the pointed end of the egg for the head, then make a line down the center as shown.

3. Use a craft stick to coat surface of both egg halves with craft foam finishing medium. Place on wax paper then set aside to dry.

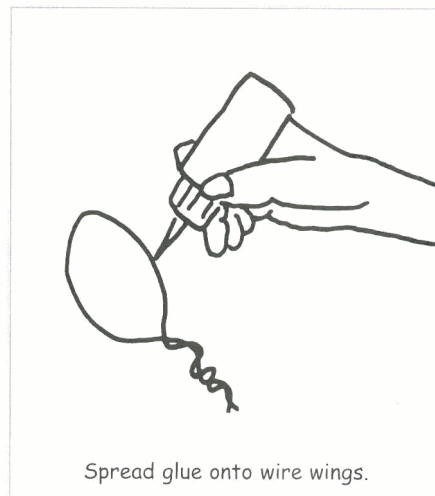
4. When dry, paint one egg half brown for the palmetto bug and the other egg half red for a lady bug. Paint the head of the lady bug black. Dip the end of the

paint brush into black paint and press on surface of ladybug to make dots. Let dry.

5. Using craft snips cut the black wire into eight 2" pieces. Stick the ends of six pieces of wire into the side of the lady bug for legs (three on each side). Bend the wire back. Stick the ends of the remaining two pieces into the head for antennae.

6. Cut two, 6" pieces of brown wire. Twist ends of each piece together then shape to form a wing. Spread glue onto the wire wings. Place vellum on top of wire wing. Let dry then trim vellum away around the outer edge of the wire wing. Stick ends into the body of the brown palmetto bug just below the head.

7. Cut two 4" pieces of brown wire for the antennae, two 4" pieces of brown wire for the back legs and four 2" pieces of wire for the remaining four legs. Bend the tips of each piece of wire over then stick into opposite sides of the palmetto bugs body.



Spread glue onto wire wings.

Beacon™ Foam Finish™, Kids Choice Glue™; Strathmore Pure Paper Vellum; Fiskars® Scissors, Softouch® Craft Snips; Delta Ceramcoat® Acrylic Paint; Toner Plastics, Inc.™ Fun Wire™



# Tramp Art Picture Frame

by Patty Cox

This is an American folk art consisting of chip carving on cigar boxes and fruit crates. The carving technique was passed around by soldiers of the Civil War. It is incorrect that tramps and hobos did this work as payment for rooms and meals - but that is where the name came from.

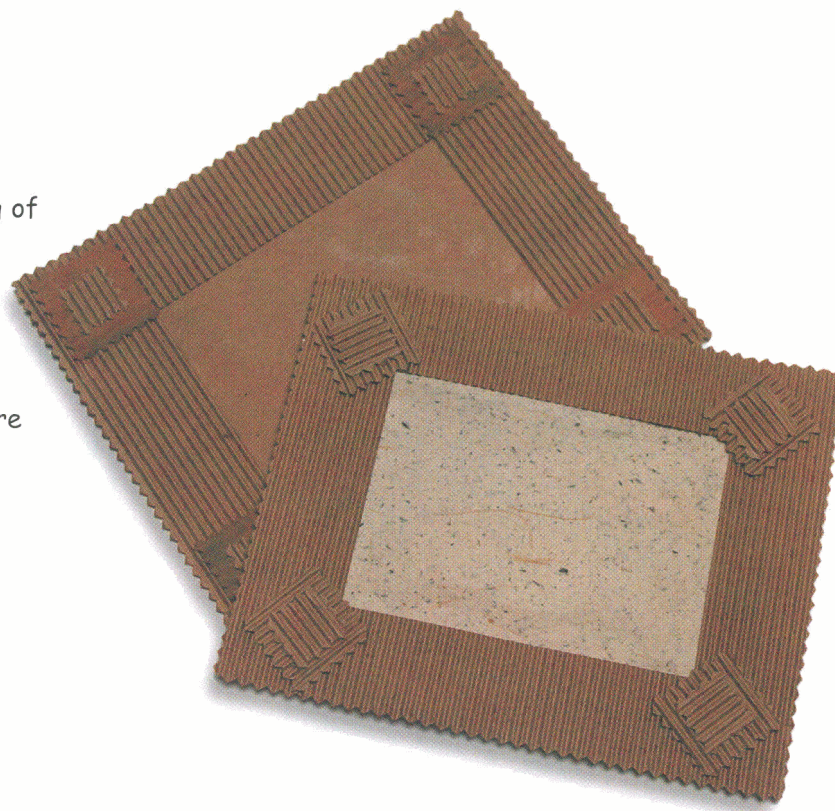
## You will need:

- ☐ Corrugated cardboard
- ☐ Smooth cardboard
- ☐ Scissors
- ☐ Pinking shears
- ☐ Ruler
- ☐ Pencil
- ☐ Glue
- ☐ Photo or clip art

## Optional:

- ☐ crimper

May need a helping hand

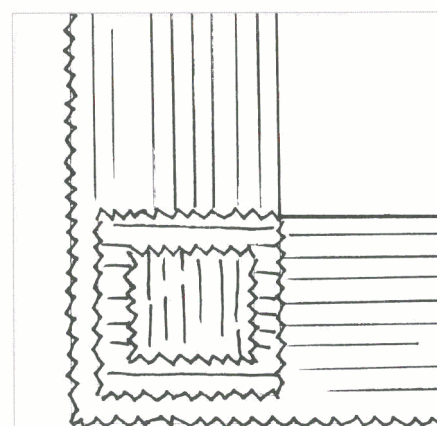


## Step-by-step:

1. Measure and cut out an 8" x 6" rectangle of corrugated cardboard.
2. Measure 1-1/2" in from outer edges of rectangle. Cut out center of frame.
3. Glue frame front to smooth cardboard along three sides, allowing an unglued side to insert photo. Trim corrugated and cardboard edges with pinking shears.
4. Cut four 1-1/4" squares and four 3/4" squares from corrugated cardboard. Glue large squares in each frame corner with direction of corrugated lines running horizontal. Glue small squares on each large square with direction of corrugated lines running vertical.
5. Insert a photo or computer clip art in your frame.

### Option:

Use a crimper to change smooth paper to a corrugated surface and vary colors of cardboard.



Glue large squares in each frame corner with direction of corrugated lines running horizontal. Glue small squares on each large square with lines running vertical.

Strathmore Pure Paper Corduroy Paper; Fiskars® Scissors, Pinking Shears, Paper Crimper, Ruler; Beacon™ Kids Choice Glue™



# Cardinal and Dogwood Sachet

by Patty Cox

Both Virginia and North Carolina share the same state bird and flower: the Cardinal and the dogwood. In fact Cardinals are the most popular state bird all across the United States, found in 7 different states, second is the Western Meadowlark.



## You will need:

- ☐ 12 - 1/2" x 4" Natural corrugated cardboard
- ☐ 4" Square red corrugated cardboard
- ☐ 4 - 1/2" x 8" White felt
- ☐ Construction Paper - white, black & yellow
- ☐ Heart punch
- ☐ Hole punch - large, small
- ☐ Decorative edge scissors
- ☐ Scented oil or perfume
- ☐ Craft glue
- ☐ Raffia
- ☐ 1/2" Yellow button
- ☐ Small twig
- ☐ Scissors

May need a helping hand



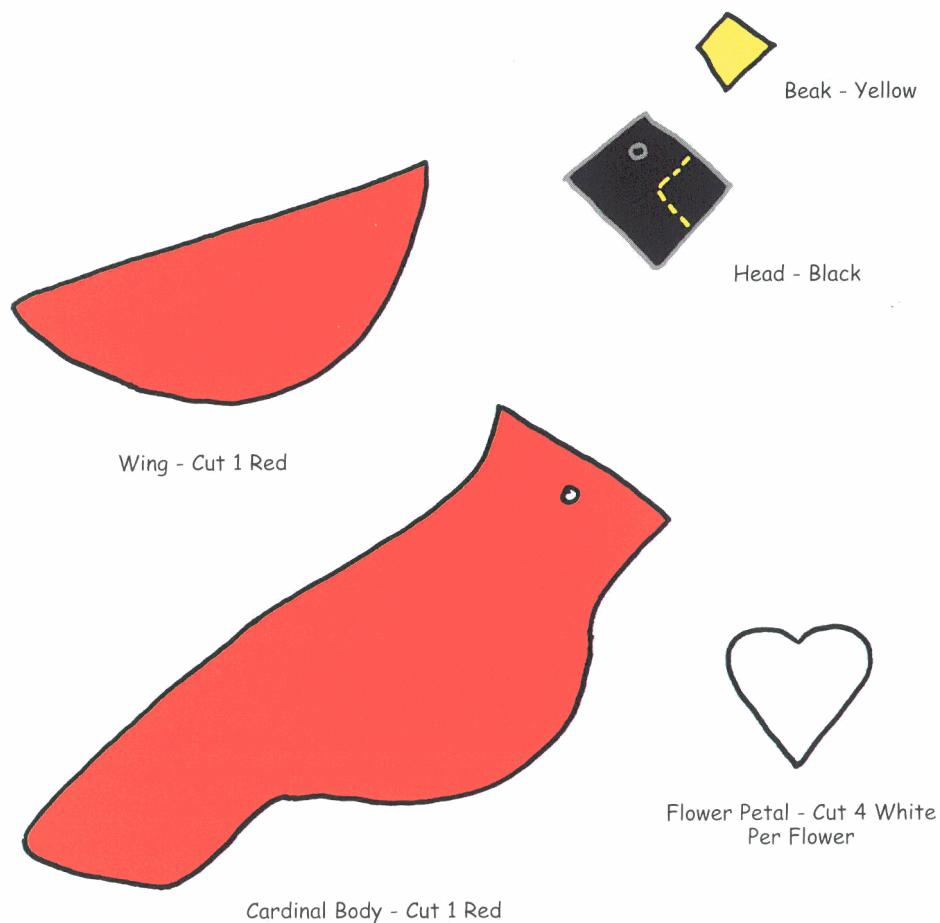
## Step-by-step:

1. Trace and cut Cardinal body and wing from red corrugated cardboard. Glue wing in position on body.
2. Cut face from black construction paper and beak from yellow paper. Punch small hole in face for eye. Glue pieces in position.
3. Fold a 1-3/4" flap along one end of natural corrugated cardboard piece. Fold remaining length in half under flap. Trim sides and edge of flap with decorative edge scissors.
4. Unfold the sachet and position white felt inside along the long side that includes the flap. Glue in place. Trim felt with paper edgers leaving a 1/8" border all around.
5. Lightly spray felt with perfume or scented oil. Fold sachet with flap on outside.
6. Tie a bow in the center of a raffia strand. Knot the loops. Secure the ends with a knot about 6" from bow. Cut off excess ends. Glue knotted ends under flap. Glue flap closed. Glue button centered on flap.
7. Punch 12 hearts from white construction paper or use pattern and scissors. Glue four heart points together forming a dogwood flower. Repeat with remaining hearts to form two more flowers. Punch three yellow circles. Glue circles in each flower center. Carefully lift and fold flower petals up.
8. Arrange Cardinal, twig, and flowers on sachet. Glue in place.



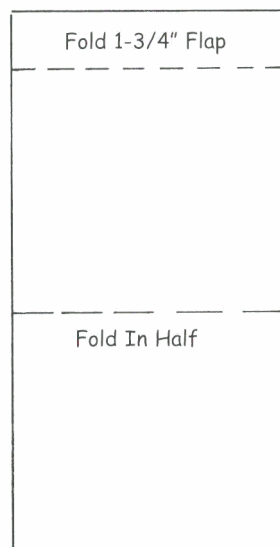


## Step-by-step (continued):



A. Glue four heart points together forming a dogwood Flower. Punch three yellow dots for centers. Glue together.

B. Lift and fold flower petals up.



Trim sides and edge of flap with paper edgers

Strathmore Pure Paper Corduroy Paper, Kids® Series Construction Paper;  
Fiskars® Hand Punch, Paper Punch, Paper Edgers, Scissors; Beacon™ Kids Choice Glue™



- It's a Series of Craft Books for kids 7 - 12
- It's a Television Program found on Public Television stations all across the country
- It's a School Program broadcast via satellite to school systems everywhere.
- It's a Project to Help Kids. "Hands On" supports many local and national charities to promote creativity for kids.
- It's a website featuring projects, ideas, and information for crafting kids.  
Log onto: <http://www.craftsforkids.com>
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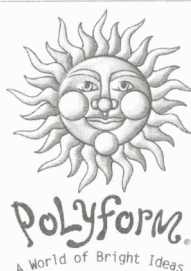
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**Production - Beachwood Studios, Cleveland Ohio**

**Guest Hosts - Val Bernardino, Julie McGuffee, and Cheryl Ball**  
Deb Morris and Joann Pearson appear courtesy of Michaels, Inc.





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