

# #10179

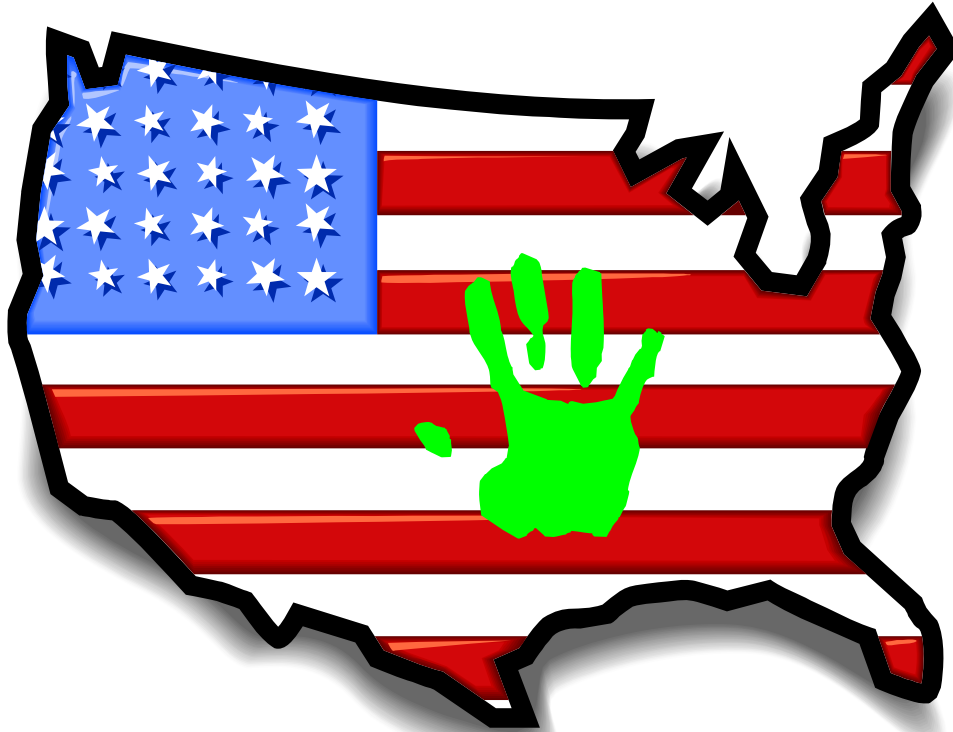
## CRAFTING IN THE USA: NORTH EAST—NEW ENGLAND

KS, INC., 2003

Grade Level: 5-12

27 Minutes

5 Instructional Graphics Included



### CAPTIONED MEDIA PROGRAM RELATED RESOURCES

[#10178 CRAFTING IN THE USA: NORTH EAST—MIDDLE ATLANTIC STATES](#)

[#10174 CRAFTING IN THE USA: FOLKLORE](#)

[#10184 CRAFTING IN THE USA: WEST—PACIFIC STATES](#)

**Special Note**

to Teachers, Parents, and  
Group Leaders about the  
"Hands On" Philosophy!

**Hands On Crafts for Kids**  
is all about celebrating  
our kids' creativity  
through the following  
three elements.



**Creativity.** Crafting is  
truly a wonderful way  
for children to express  
themselves and build  
self-esteem. The projects  
are designed just for  
kids to encourage  
development of individual  
style and expression.



**Crafting with a Purpose.**  
Hands On invites kids  
to use their crafting to  
help others. From making  
gifts to special projects,  
crafting can be both a  
fun activity for kids  
and a source of ideas  
for charitable projects.



**Knowledge.** Learning  
takes place through  
well-designed, curriculum-  
based, creative projects.  
As kids explore their  
creativity, they will also  
learn about the world we  
live in.

**All Kids are Creative!!**



Dear Kids and Parents:

It's time for another journey with Hands On Crafts for Kids - across the United States! From New England and the Atlantic coast, all the way across the continental United States and even to Hawaii, its time to celebrate the customs and symbols of the 50 United States.

There are state birds, flags, landmarks, and design styles representing each of the major regions of the country. We also have a special section on Appalachia - an area rich in crafting tradition, and a chapter on folklore and legends like Pecos Bill and Paul Bunyon, and lastly a chapter on patriotic designs for the entire USA.

Though each project shows a finished craft and all of our steps - don't be afraid to use some good old "American creativity". Substitute your favorite colors and any supplies you might have around the house. Make each project the way YOU want to. With Hands On there's no right or wrong way — only your way!

We hope you'll watch Hands On Crafts for Kids on television, too. It can be found on Public Television Stations all across these United States! Check your local tv guide or visit us on the web at [www.craftsforkids.com](http://www.craftsforkids.com). You can find information on how to find the program in your area plus lots of other great projects!

A little red, white and blue is in order so choose your favorite project and lets get started on a trek across these great United States!



Publisher .....	Katherine Stull
Project Editor & Design .....	Barb Zimmerman
Production, Layout & Design .....	Tamara Durant
Printing .....	Press of Ohio

Copyright 2003 - Hands On Crafts for Kids®, PO Box 391698, Solon, Ohio 44139. All Rights Reserved. No part of this book may be reproduced in any form without written permission. Exception is granted to teachers who may photocopy project pages to be used for educational purposes. These instructions are presented in good faith, however, no warranty is implied or given, nor results guaranteed, nor is freedom from any patent to be inferred. Since we have no control over physical conditions surrounding application of information herein contained, Hands On Crafts for Kids disclaims any liability for untoward results. Projects and components in this book are not recommended for children under 8 years of age without adult supervision.



# Basic Instructions and Special Tips

Look these ideas over before you begin Crafting in the USA. Have a wonderful trip!



## IMPORTANT!

When you see the "helping hand" symbol on a project page, it means you may need adult supervision to do the project. Always use care when using tools or a heat source. Be careful and safe!



## Prepare and protect your work surface and your clothes

Prior to beginning your craft project be sure and cover your work surface with plastic or old newspapers. A neat and clean work surface makes for fun and easy crafting. Be sure and protect your clothes as well. Wear an old shirt or an apron. And always keep a roll of paper towels handy to wipe up spills.



## Basic Supplies

There are some basic supplies that are used throughout the book which are not always in the project supply lists. Some of these general supplies are: paper clips, toothpicks, paper, tracing paper, paper plate/paint palette, bowls for mixing, etc. Always review the supply list and instructions before getting started. Make sure you have all your supplies ready before starting a project.



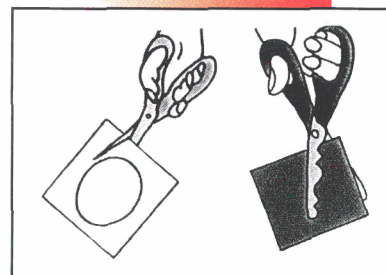
## Read product directions

For best results, always read and follow directions given on each product label. Some products may seem to do the same thing, but there may be important differences you need to know. Sometimes it's helpful to test a product on a piece of scrap supply before using it on your project.

## Basic Instructions and Special Tips, Continued

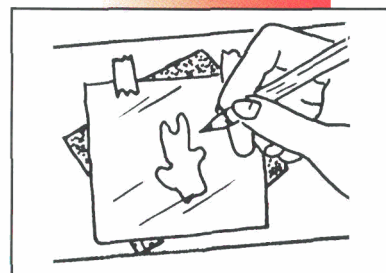
### Cutting

When cutting with a pair of scissors, always work slowly and evenly. Hold the material you are cutting with the opposite hand, turning it toward the scissors as you cut. When using decorative edge scissors be sure and line up the cutting design that is along the edge of the scissor as you cut out shapes. Work slowly so you maintain a consistent decorative edge.



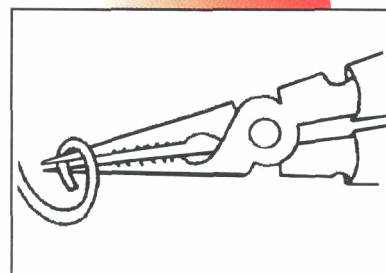
### Tracing patterns

Trace the desired patterns from this book with a pencil onto tracing paper. Lay the traced pattern on top of a project surface. Place transfer, or graphite paper under the pattern then trace over design with a soft pencil, or crayon. Another way is to cut out the pattern from the tracing paper. Lay the cut out on your desired material, and draw around it.



### Craft Wire

Craft wire comes in different sizes or gauges for example 18, 22, and 24 gauge. The higher the number the thinner the wire. Sometimes with thinner wire you can bend and shape it with your hands. However, some wire like the 18 gauge wire requires the use of needle nose pliers in order to bend and shape it to the desired design.



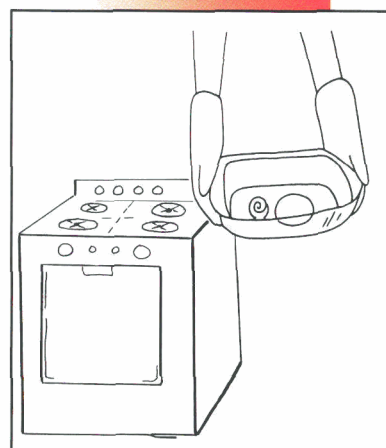
### Clay

#### Oven bake clay

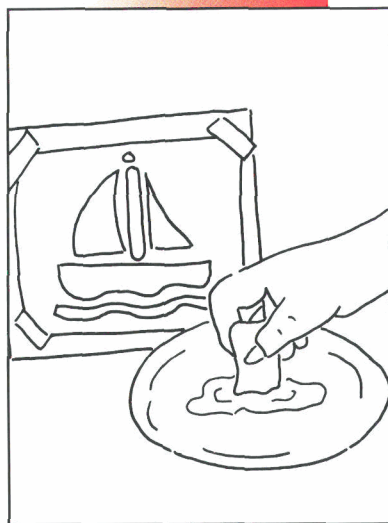
Knead clay until soft to make it easy to work with. Cover working surfaces with wax paper, then clean surfaces and wash your hands thoroughly after kneading. Bake clay on an oven proof glass surface in a 275°F oven for 15 minutes per 1/4" thickness, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.

#### Eraser clay

Bake clay on an oven proof glass surface in a 250°F oven for 10 minutes, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.







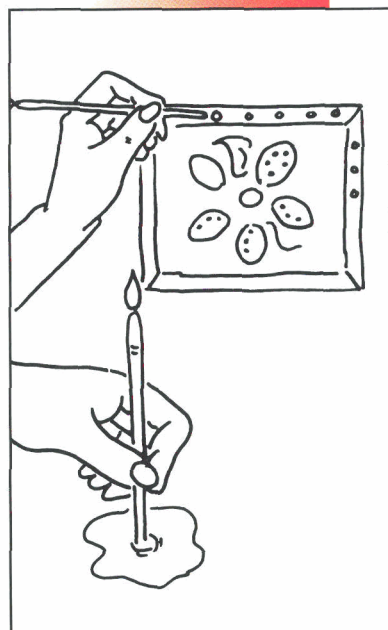
## Painting Techniques

### Stenciling

Secure the edges of the stencil with masking tape on the item you'll be stenciling. Squeeze a small amount of desired paint color(s) onto paper plate. Tap the flat end of a stencil sponge into the paint, tapping excess paint off on plate. Pounce the sponge onto the center of the stencil, applying an even coat of paint. To add an additional color to the same stencil pattern, use a clean stencil sponge and apply new color.

### Dry-brushing

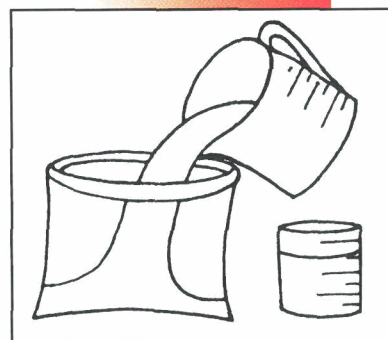
To dry brush, dip the tip of a dry brush into paint. Blot excess paint on a paper towel and apply in light strokes to surface.



## Special effects

### With paint or markers

You'll note that we frequently refer to adding special highlights to a project using paint or makers. To add decorative dots, eyes, etc. dip the end of a paint brush into desired paint color and apply it to your design. Lift the paint brush handle straight up from the project so the paint won't smear. Wipe off the end of your paint brush before changing colors. You can also use cotton swabs for this technique, however you'll need to use a separate one for each color used. You can achieve similar results by using markers from fine point to wide point markers. It's always recommended to use permanent markers so the colors won't bleed if used over paint or other mediums.



## Instant Papier-Maché

Mix instant papier-maché in a plastic bag or mixing bowl. Add 32 oz. of water to 1lb. of instant papier-maché. Warm water mixes faster. Knead until firm like clay or stiff dough with no dry spots. If mixture is too soft, add more dry maché; if too dry, add water sparingly. Mixed instant papier-maché in a plastic bag will keep at room temperature for some time, or indefinitely in a refrigerator.



# Maine Lobster Eraser

by Patty Cox

The chief lobster fisheries in the United States are located in New England, especially Maine. Lobsters are crustaceans, all have a pair of pincers called chelapeds, or "claws"; one is a heavier crusher claw and the other is a smaller feeding claw. We always picture lobsters as red - but did you know that most start out other colors even blue/green and only turn red when they are boiled!

## You will need:

- ☐ Eraser clay - pink
- ☐ Sculpting tool
- ☐ 10" Length - 22 gauge wire
- ☐ Needle nose pliers
- ☐ Toothpick
- ☐ Pencil



May need a helping hand

## Step-by-step:

1. Form pink clay into a 3/4" ball. Press onto pencil eraser end for lobster's body. Shape clay into tapered oval around pencil end.

2. Carefully insert end of wire into the upper part of the lobster's body. Push through to the other side, leaving an equal amount of wire on either side. Wrap each end of wire around a toothpick to form a spiral shape. Remove toothpick. Using needle nose pliers coil each end.

3. Form two 1/2" balls from clay. Press each ball onto coiled wire ends. Gently press clay into

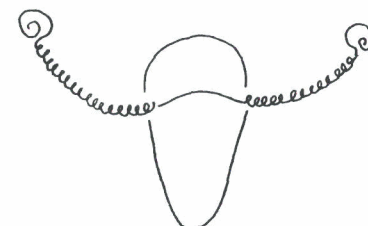
ovals. Lay pencil on table. Using sculpting tool, cut a notch from each oval for claws.

4. Form two 1/4" balls from clay for eyes. Press onto body top.

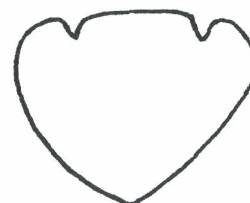
5. Form a 1/8" thick x 1" triangle of clay. Cut two notches from tail piece as shown. Press tail onto bottom of body. Lift and curl tail upward.

6. Score body back with sculpting tool. Make a smile impression on body front with toothpick.

7. Remove pencil from clay. Bake clay on an oven proof surface at 250°F for 10 minutes with good ventilation. **DO NOT USE A MICROWAVE OVEN.** Let cool.



Insert end of wire into the upper-part of lobsters body. Leave an equal amount on either side and wrap each end around a toothpick to form a spiral.



Trim two notches from tail piece

Polyform® Amazing Eraser Clay; Toner Plastics, Inc.™ Fun Wire™; Fiskars® Needle Nose Pliers



# Braided Rug Locker Mirror

by Patty Cox

Recycling is not a new idea. The American folk art of rug braiding, originated in New England in the 1820's. Resourceful women cut wool strips from used clothing and blankets, and recycled them into braided floor rugs.

## You will need:

- ☐ 3 Each chenille stems  
- red, yellow, blue
- ☐ 2-1/2" Round mirror
- ☐ Self adhesive magnetic canvas
- ☐ Pencil
- ☐ Scissors



## Step-by-step:

1. Using one of each color chenille stem, twist the ends together. Braid stems together, leaving the last 1" unbraided. Twist a new length of chenille stem to each 1" end. Continue braiding. Repeat with remaining three chenille stems. Braid to end. Twist ends together.
2. Cut a 4" circle from self adhesive magnetic canvas. Stick mirror in the center of the adhesive.
3. Press braided stem around mirror edge. Continue spiraling braid around center to outer edge. Press slightly to secure.



Fiskars® Scissors



# Rhode Island Red Penny Rug

by Patty Cox

The Rhode Island Red is the state bird of Rhode Island, also the home of the first penny rug. The penny rug got it's name because coins were used as templates to cut wool circles from used blankets and clothing. The circles were then stitched in a decorative pattern to a wool background with a blanket stitch. Penny rugs were also used as bed coverings and table runners, rather than rugs.



## You will need:

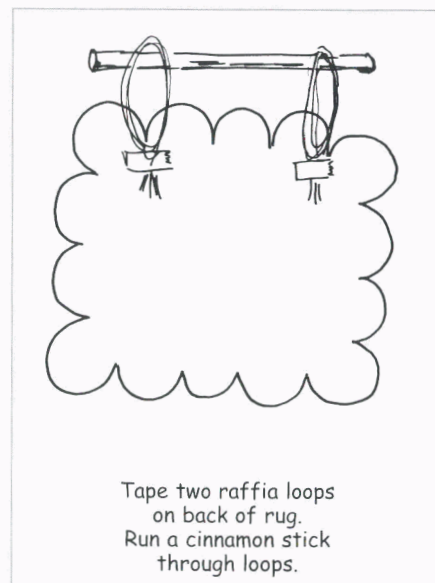
- |  |  |
|--|--|
| <input type="checkbox"/> Die-cut machine or pattern & scissors | <input type="checkbox"/> Decorative edge scissors  |
| <input type="checkbox"/> Die - Hen                             | <input type="checkbox"/> Fine point marker - black |
| <input type="checkbox"/> Shadow paper - yellow & red           | <input type="checkbox"/> Glue stick                |
| <input type="checkbox"/> Construction paper - black            | <input type="checkbox"/> Pencil                    |
|  | <input type="checkbox"/> Quarter                   |

## For Optional Hanger You will need:

- ☐ Cinnamon stick
- ☐ Raffia

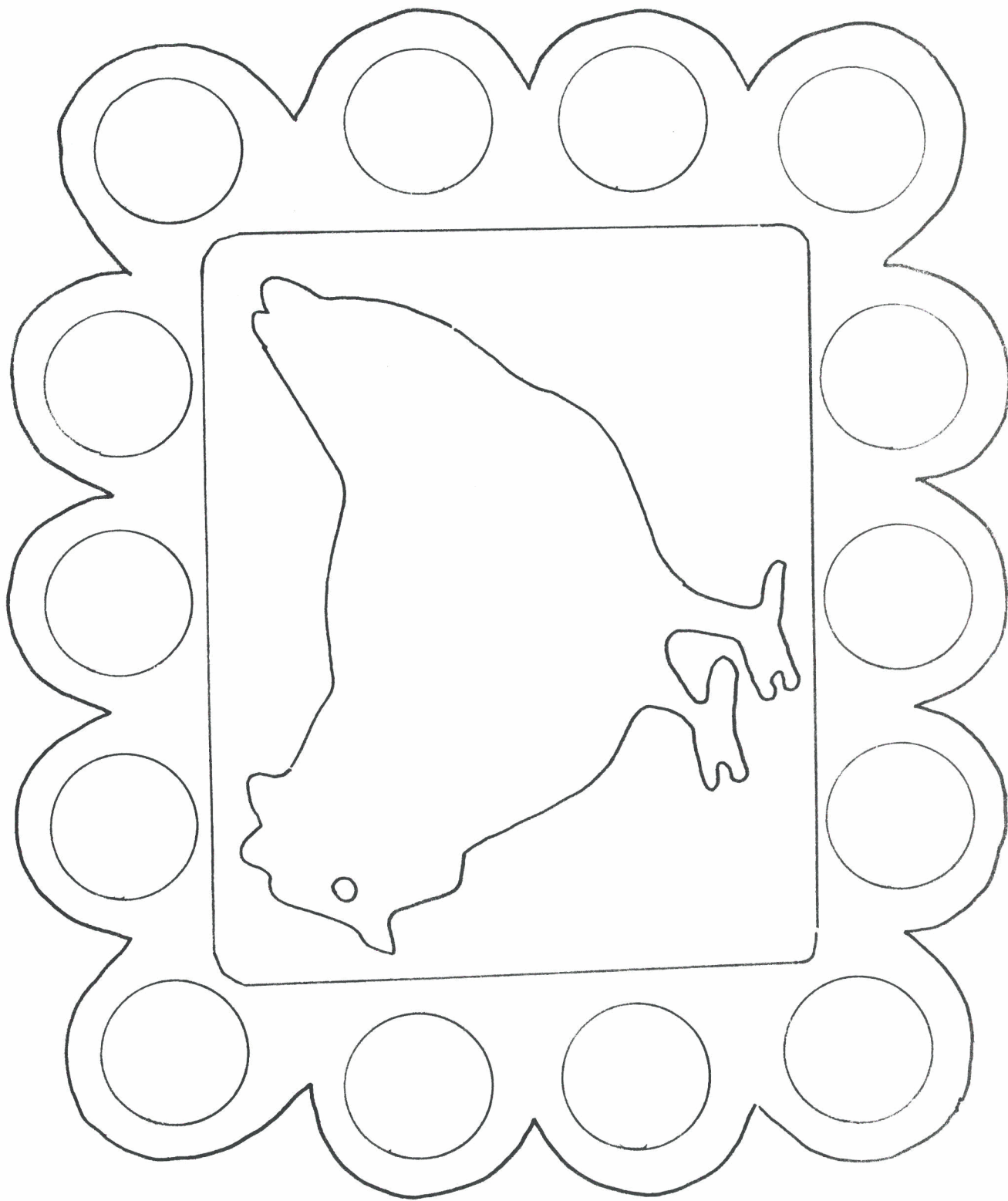
## Step-by-step:

1. Using the die-cut machine or pattern and scissors, cut hen from red shadow paper. Cut a 4" x 5" square from yellow shadow paper. Use the quarter as a pattern and trace and cut 14 circles from yellow shadow paper. Using pattern, trace and cut rug from red shadow paper. Glue the yellow rectangle in the center of the red rug. Glue the hen centered on the yellow rectangle. Glue the 14 yellow circles around the border of the rug.
2. Glue penny rug to black construction paper backing. Trim edges 1/4" larger all around using decorative edge scissors.
3. Use the black marker to draw stitch lines on your penny rug according to pattern.
4. Tape two raffia loops on rug back. Run cinnamon stick through loops.





## Step-by-step (continued):



Die Cut Designs® And ® of Ellison®

Strathmore Kids® Series Shadow Paper, Construction Paper; Fiskars® Paper Edgers, Scissors;  
Ellison® The Ellison® XL Letter Machine™, Decorative and Instructional Dies

# Tic-Tac-Toe

by Jeanne Jacobowski of  
Michael's Arts & Crafts Store  
[www.michaels.com](http://www.michaels.com)

The Rhode Island Red Chicken shows up again in this fun game. Store the game pieces in their own coop, too.



## You will need:

- ☐ 10 Wood roosters
- ☐ 10 Wood hens
- ☐ 10 Wood clothespins
- ☐ 10 Clothespin holders/stands
- ☐ 10 Wood disks - 1-1/2" diameter
- ☐ Black photo box
- ☐ Acrylic paint - red, yellow, ivory, black & grey
- ☐ Stencil - chickens
- ☐ Stencil - chicken wire
- ☐ Stencil Adhesive
- ☐ Glue
- ☐ 1/4" Stencil tape
- ☐ 1" Foam brush
- ☐ Paint brushes - 1/2" flat & liner
- ☐ Stencil brush

## Step-by-step:

### Roosters and Hens:

1. Paint the rooster's legs yellow. Paint the hens and roosters red, on both sides. Paint the clothespins, holders and disks black. Let dry.
2. Paint the beaks yellow, make a dot for each eye with the tip of a paint brush handle dipped in ivory paint. Add a smaller dot of black paint to eye for pupil. Let dry.
3. Paint additional designs on hens and roosters as desired like stripes, criss-cross, or dots. Let dry. Painting 2 each of the same design, match together so your design is on the outside of the shape.

4. Lay 1/2 of the hens and 1/2 of the roosters out and glue a clothespin to each back, making sure that they will be straight when they are stood up. Leave them laying flat to dry.

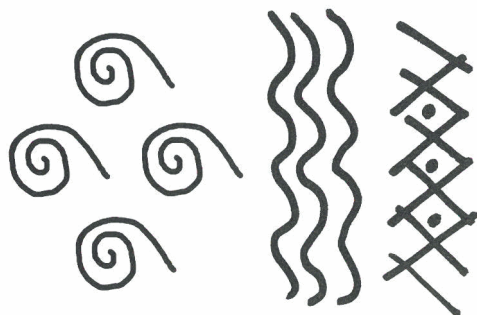
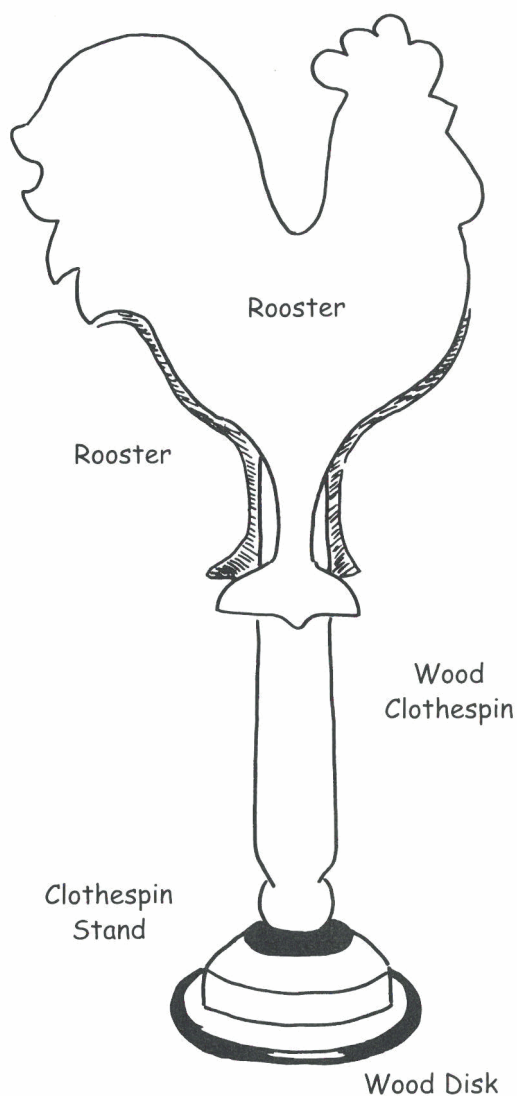
5. Glue the 10 clothespin stands to the 10 disks and set aside to dry.

6. When the first half of the hens and roosters are dry, glue the remaining hens and roosters to the other side. Make sure that they are all facing the same direction. Let dry.

7. Glue the bottom of the clothespins into the stands. Make sure that they are standing up straight and let dry.



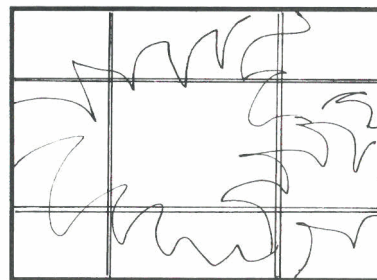
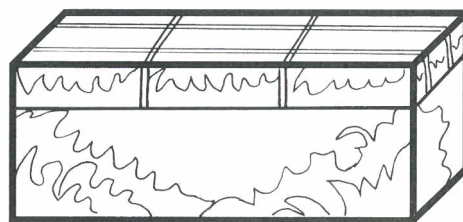
## Step-by-step (continued):



Designs for roosters and hens

## Coop:

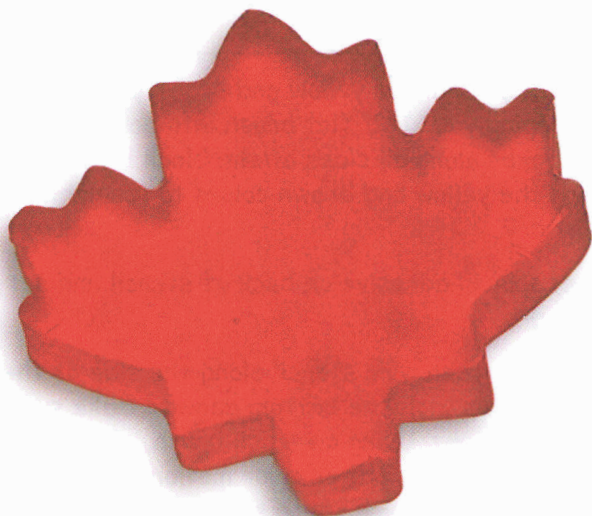
1. Squeeze a puddle of yellow and brown paint on plate. Dipping your 1/2" flat brush into both, make quick strokes along all sides of the black box. Blending the yellow and brown colors to resemble hay. Let dry.
2. Spray stencil adhesive on back of stencil and set aside to dry.
3. Lay the chicken wire stencil along the side of the box, lining it up with the bottom edge to make sure that it is straight. Using a stencil brush, apply grey paint to stencil in a light circular motion. Let dry and repeat on remaining three sides.
4. Place 1/4" wide stencil tape on box top to make nine rectangles for tic-tac-toe, leave on.
5. Paint the box top in the same manner as the sides of the box to resemble hay. Let dry.
6. When the box lid is dry, remove the stencil tape. Using the liner paint brush, make squiggly lines to resemble wire on box top using grey and ivory paint. Let dry.



On box top, place 1/4" wide stencil tape to make nine rectangles for tic-tac-toe.

Using a paint brush and yellow and brown paint, blend the colors to resemble hay.

Delta Ceramcoat® Acrylic Paint, Stencil Magic® Stencils, Spray Adhesive, Stencil Brush;  
Beacon™ Kids Choice Glue™



# Maple Scented Soaps

by Lorine Mason

New England is known for their abundance of trees including the beautiful maple. Maples are known not just for their beautiful colored leaves in the fall but also for maple syrup. Our soap has both the maple shape and scent.

## You will need:

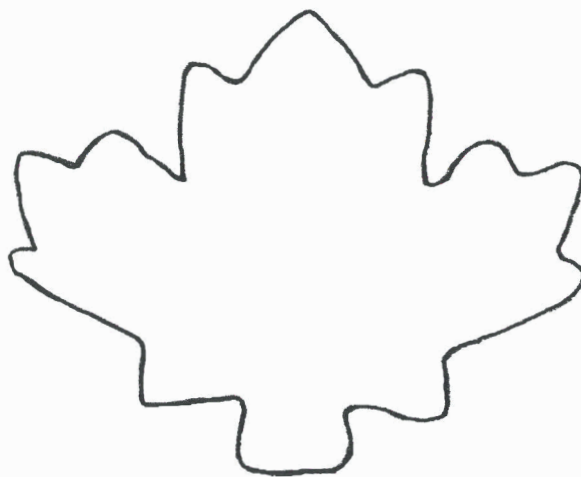
- ☐ Moisturizing glycerin soap
- ☐ Soap color - yellow & orange
- ☐ Maple scented flavoring
- ☐ Maple leaf cookie cutter
- ☐ Glass measuring cup
- ☐ Plastic tray
- ☐ Microwave proof dish
- ☐ Plastic spoon & knife

May need a helping hand



## Step-by-step:

1. Have an adult, cut 1/2 block of glycerin soap into 1" cubes. Place into a glass measuring cup and heat in the microwave on high for 15 seconds at a time. Check frequently. Do not overheat soap, just heat until completely melted.
2. Stir in 6 drops of maple scent, 3 drops of yellow soap coloring, and 1 drop of orange soap coloring.
3. Pour into a plastic tray and let cool. To cool quickly place in a refrigerator.
4. Press cookie cutter into hardened soap. Remove soap from cookie cutter. Or, cut with plastic knife using pattern.
5. Repeat steps 1 through 4 with remaining glycerin soap.



Delta Soap Creations™ Moisturizing Glycerin Soap, Color Accents



## WHAT IS



- It's a Series of Craft Books for kids 7 - 12
- It's a Television Program found on Public Television stations all across the country
- It's a School Program broadcast via satellite to school systems everywhere.
- It's a Project to Help Kids. "Hands On" supports many local and national charities to promote creativity for kids.
- It's a website featuring projects, ideas, and information for crafting kids.  
Log onto: <http://www.craftsforkids.com>
- It's "Hands On" FUN!

"Hands On Crafts for Kids" extends a special thanks to these companies for their invaluable support:



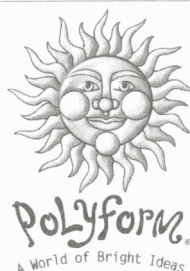
If it's worth doing it's worth Delta  
2550 Pelissier Place, Whittier, CA 90601  
1.800.423.4135 • [www.deltacrafts.com](http://www.deltacrafts.com)



Craft glues for fun foam, decoupage and kids projects  
PO Box 427, Wycliff, NJ 07481  
1.800.865.7238  
[www.beaconcreates.com](http://www.beaconcreates.com)

# FISKARS®

Pursue your Passions™  
7811 W. Stewart Avenue, Wausau, WI 54401  
1.715.842.2091 • [www.fiskars.com](http://www.fiskars.com)



The makers of Sculpey  
1901 Estes Avenue  
Elk Grove, IL 60007  
1.847.427.0020  
[www.sculpey.com](http://www.sculpey.com)

# Strathmore

Papers that grow with your imagination  
39 Broad Street, Westfield, MA 01085  
1.800.353.0375 • [www.strathmoreartist.com](http://www.strathmoreartist.com)

### Toner Plastics -

(aka Camp Hoochee Coochee)  
We sell fun! • 699 Silver Street, Agawan, MA 01001  
1.800.723.1792 • [www.tonerplastics.com](http://www.tonerplastics.com)

### Activa Products, Inc.

Basic materials for the creative mind  
PO Box 1296, Marshall, TX 75671  
1.800.883.3899 • [www.activaproducts.com](http://www.activaproducts.com)

### Television Show Credits

**Executive Producer and Host - Kathie Stull**  
**Production - Beachwood Studios, Cleveland Ohio**  
**Guest Hosts - Val Bernardino, Julie McGuffee, and Cheryl Ball**  
Deb Morris and Joann Pearson appear courtesy of Michaels, Inc.





51-40-6-7



Hands On Crafts for Kids  
PO Box 391698  
Solon, OH 44139  
1-800-600-9040  
[www.craftsforkids.com](http://www.craftsforkids.com)