

# #10178

## CRAFTING IN THE USA: NORTH EAST— MIDDLE ATLANTIC STATES

KS, INC., 2003  
Grade Level: 5-12  
27 Minutes  
5 Instructional Graphics Included



### CAPTIONED MEDIA PROGRAM RELATED RESOURCES

[#10179 CRAFTING IN THE USA: NORTH EAST—NEW ENGLAND STATES](#)

[#10182 CRAFTING IN THE USA: USA—PATRIOTIC DESIGNS](#)

[#10184 CRAFTING IN THE USA: WEST—PACIFIC STATES](#)

**Special Note**

to Teachers, Parents, and  
Group Leaders about the  
"Hands On" Philosophy!

**Hands On Crafts for Kids**  
is all about celebrating  
our kids' creativity  
through the following  
three elements.



**Creativity.** Crafting is  
truly a wonderful way  
for children to express  
themselves and build  
self-esteem. The projects  
are designed just for  
kids to encourage  
development of individual  
style and expression.



**Crafting with a Purpose.**  
Hands On invites kids  
to use their crafting to  
help others. From making  
gifts to special projects,  
crafting can be both a  
fun activity for kids  
and a source of ideas  
for charitable projects.



**Knowledge.** Learning  
takes place through  
well-designed, curriculum-  
based, creative projects.  
As kids explore their  
creativity, they will also  
learn about the world we  
live in.

**All Kids are Creative!!**



Dear Kids and Parents:

It's time for another journey with Hands On Crafts for Kids - across the United States! From New England and the Atlantic coast, all the way across the continental United States and even to Hawaii, its time to celebrate the customs and symbols of the 50 United States.

There are state birds, flags, landmarks, and design styles representing each of the major regions of the country. We also have a special section on Appalachia - an area rich in crafting tradition, and a chapter on folklore and legends like Pecos Bill and Paul Bunyon, and lastly a chapter on patriotic designs for the entire USA.

Though each project shows a finished craft and all of our steps - don't be afraid to use some good old "American creativity". Substitute your favorite colors and any supplies you might have around the house. Make each project the way YOU want to. With Hands On there's no right or wrong way — only your way!

We hope you'll watch Hands On Crafts for Kids on television, too. It can be found on Public Television Stations all across these United States! Check your local tv guide or visit us on the web at [www.craftsforkids.com](http://www.craftsforkids.com). You can find information on how to find the program in your area plus lots of other great projects!

A little red, white and blue is in order so choose your favorite project and lets get started on a trek across these great United States!



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# Basic Instructions and Special Tips

Look these ideas over before you begin Crafting in the USA. Have a wonderful trip!



## IMPORTANT!

When you see the "helping hand" symbol on a project page, it means you may need adult supervision to do the project. Always use care when using tools or a heat source. Be careful and safe!



## Prepare and protect your work surface and your clothes

Prior to beginning your craft project be sure and cover your work surface with plastic or old newspapers. A neat and clean work surface makes for fun and easy crafting. Be sure and protect your clothes as well. Wear an old shirt or an apron. And always keep a roll of paper towels handy to wipe up spills.



## Basic Supplies

There are some basic supplies that are used throughout the book which are not always in the project supply lists. Some of these general supplies are: paper clips, toothpicks, paper, tracing paper, paper plate/paint palette, bowls for mixing, etc. Always review the supply list and instructions before getting started. Make sure you have all your supplies ready before starting a project.



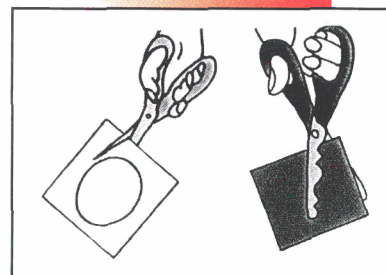
## Read product directions

For best results, always read and follow directions given on each product label. Some products may seem to do the same thing, but there may be important differences you need to know. Sometimes it's helpful to test a product on a piece of scrap supply before using it on your project.

## Basic Instructions and Special Tips, Continued

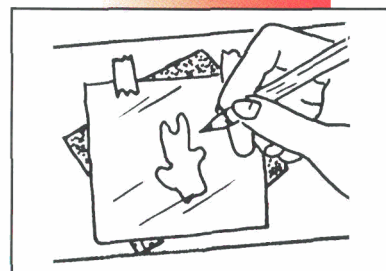
### Cutting

When cutting with a pair of scissors, always work slowly and evenly. Hold the material you are cutting with the opposite hand, turning it toward the scissors as you cut. When using decorative edge scissors be sure and line up the cutting design that is along the edge of the scissor as you cut out shapes. Work slowly so you maintain a consistent decorative edge.



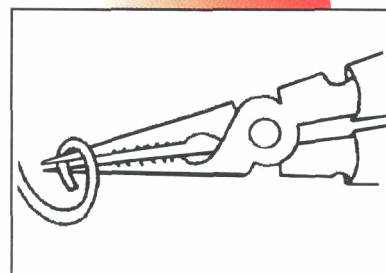
### Tracing patterns

Trace the desired patterns from this book with a pencil onto tracing paper. Lay the traced pattern on top of a project surface. Place transfer, or graphite paper under the pattern then trace over design with a soft pencil, or crayon. Another way is to cut out the pattern from the tracing paper. Lay the cut out on your desired material, and draw around it.



### Craft Wire

Craft wire comes in different sizes or gauges for example 18, 22, and 24 gauge. The higher the number the thinner the wire. Sometimes with thinner wire you can bend and shape it with your hands. However, some wire like the 18 gauge wire requires the use of needle nose pliers in order to bend and shape it to the desired design.



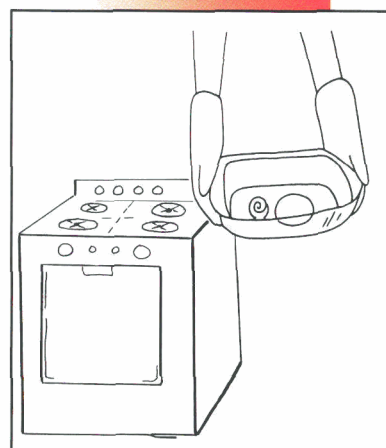
### Clay

#### Oven bake clay

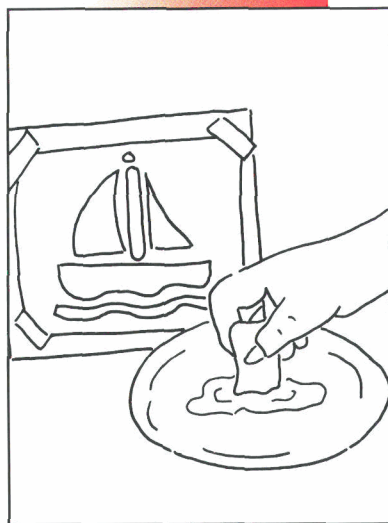
Knead clay until soft to make it easy to work with. Cover working surfaces with wax paper, then clean surfaces and wash your hands thoroughly after kneading. Bake clay on an oven proof glass surface in a 275°F oven for 15 minutes per 1/4" thickness, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.

#### Eraser clay

Bake clay on an oven proof glass surface in a 250°F oven for 10 minutes, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.







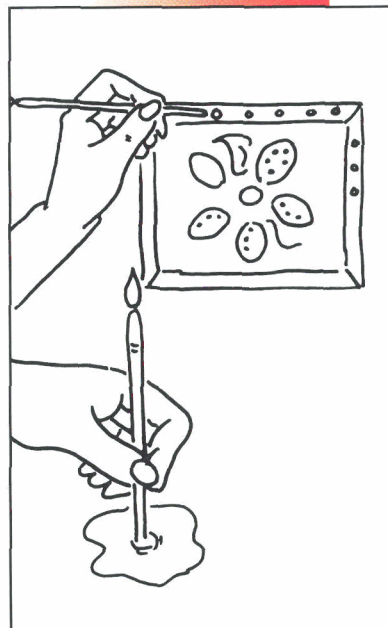
## Painting Techniques

### Stenciling

Secure the edges of the stencil with masking tape on the item you'll be stenciling. Squeeze a small amount of desired paint color(s) onto paper plate. Tap the flat end of a stencil sponge into the paint, tapping excess paint off on plate. Pounce the sponge onto the center of the stencil, applying an even coat of paint. To add an additional color to the same stencil pattern, use a clean stencil sponge and apply new color.

### Dry-brushing

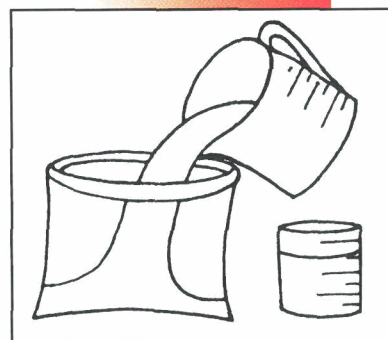
To dry brush, dip the tip of a dry brush into paint. Blot excess paint on a paper towel and apply in light strokes to surface.



## Special effects

### With paint or markers

You'll note that we frequently refer to adding special highlights to a project using paint or makers. To add decorative dots, eyes, etc. dip the end of a paint brush into desired paint color and apply it to your design. Lift the paint brush handle straight up from the project so the paint won't smear. Wipe off the end of your paint brush before changing colors. You can also use cotton swabs for this technique, however you'll need to use a separate one for each color used. You can achieve similar results by using markers from fine point to wide point markers. It's always recommended to use permanent markers so the colors won't bleed if used over paint or other mediums.



## Instant Papier-Maché

Mix instant papier-maché in a plastic bag or mixing bowl. Add 32 oz. of water to 1lb. of instant papier-maché. Warm water mixes faster. Knead until firm like clay or stiff dough with no dry spots. If mixture is too soft, add more dry maché; if too dry, add water sparingly. Mixed instant papier-maché in a plastic bag will keep at room temperature for some time, or indefinitely in a refrigerator.



# Pennsylvania Dutch Wood Plate

by Cheryl Ball

Many of the inhabitants of Lancaster county are Amish, a religion which is know for humility, family, and community. Although Lancaster Amish are Pennsylvania Dutch, all Pennsylvania Dutch are not Amish. The Pennsylvania Dutch live in central Pennsylvania. Their common bond is a mainly German background.



## You will need:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> 9-1/2" Diameter wood plate                                  | <input type="checkbox"/> All-purpose sealer | <input type="checkbox"/> Stencil - vine frame, flowers |
| <input type="checkbox"/> Acrylic paint - dark blue, green, ivory, light yellow & red | <input type="checkbox"/> Satin varnish      | <input type="checkbox"/> 1/2" flat paint brush         |
|  | <input type="checkbox"/> Stencil adhesive   | <input type="checkbox"/> Cotton swabs                  |
|  | <input type="checkbox"/> Brown antique gel  | <input type="checkbox"/> Sanding block                 |
|  | <input type="checkbox"/> Stencil sponges    |  |

## Step-by-step:

1. Use the 1/2" flat paint brush to apply an even coat of all-purpose sealer to the plate. Let dry. Using sanding block, sand plate until smooth.
2. Paint the rim and the entire back of the plate dark blue. Paint the center of the plate light yellow. Let dry. Apply a second coat if needed.
3. Apply a light coat of stencil adhesive to the back of the stencil. Be careful to follow care and usage instructions on the label. Position the vine design onto the rim of the plate. Press to secure.
4. Squeeze green, light yellow and red paint onto plate. Cut one of the stencil sponges into fourths. Tap the flat end of one of the sponges into the green paint, tapping the excess paint off. Lightly pounce the sponge onto the leaf and vine area of the stencil, applying an even coat. Tap another sponge into the light yellow paint and stencil the tips of the leaves. Dip a cotton swab into the red paint and tap onto the berry section of the stencil.
5. Carefully remove stencil. Reposition the stencil on the other half of the rim and fill in repeating step 4.
6. Position the flower stencil onto the center of the plate. Stencil flowers, leaves and stems as desired. Tap the flat end of a sponge into red paint and wipe the paint onto the outside edge of the plate. Let dry.
7. Apply an even coat of brown antiquing gel, working in small sections at a time. Start with the rim, immediately wipe excess off with paper towels. Continue on to the center of the plate and then the back of the plate. Wiping off excess gel to leave an antiqued look. Let dry. Apply a coat of satin varnish. Let dry.

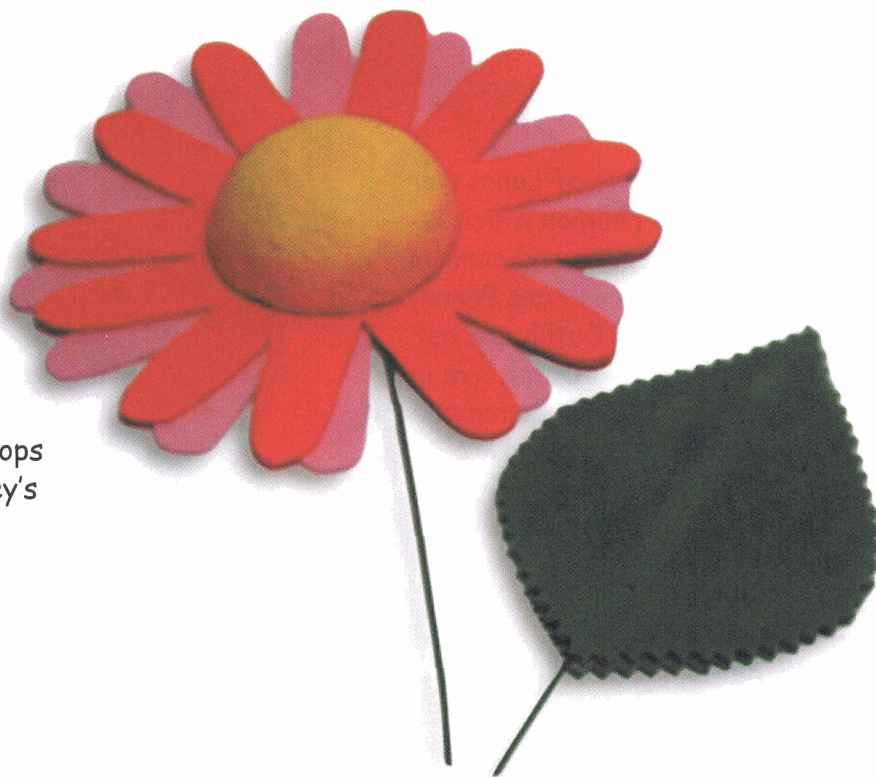
Delta Ceramcoat® Acrylic Paint, Satin Interior/Exterior Varnish, All-Purpose Sealer, Antiquing Gel, Stencil Adhesive, Stencil Magic®, Stencil Sponges



# Garden State Flowers

by Julie McGuffee

New Jersey's nickname is "The Garden State" and for good reason. One million acres of New Jersey is productive farmland (about 20% of its land area). Garden vegetables, cranberries, and blueberries are their prime crops but let's not forget New Jersey's beautiful flowers.



## You will need:

- ☐ 3 Foam sheets - green, red & pink
- ☐ 3" Craft foam ball
- ☐ Craft foam finishing medium
- ☐ Foam glue
- ☐ Acrylic paint - yellow & orange
- ☐ Foam brush
- ☐ White paper
- ☐ Pencil
- ☐ Scissors
- ☐ Plastic knife
- ☐ 2 Green floral wire stems
- ☐ Large craft stick

## Optional:

- ☐ Decorative edge scissors

## Step-by-step:

1. Use the plastic knife to cut the craft foam ball in half. Using a craft stick, carefully stir the foam finish then apply to the rounded surface of each half of the ball. Set aside on wax paper to dry. Hint: Wrap a rubber band around the center of the ball then trace along the band with a pen for a cutting line.

2. To make the flower pattern, fold the sheet of paper into quarters. Place your left hand (opposite for left handed students) onto the folded paper with the heel of your hand over the folded point. Spread out your fingers then draw around three fingers. Your fingers will be the flower petals. Cut around the lines then open up the paper.

3. Use this pattern for the flowers. Trace pattern onto the red and the pink foam sheets then cut out. Bend one end of a floral wire stem into a "U" shape then place centered on top of one flower. Glue the remaining flower on top of the first, turning the pieces so that one color shows behind the other. Let dry.

4. Trace the leaf pattern onto the green foam. Cut 2 leaves using scissors or decorative scissors if desired.

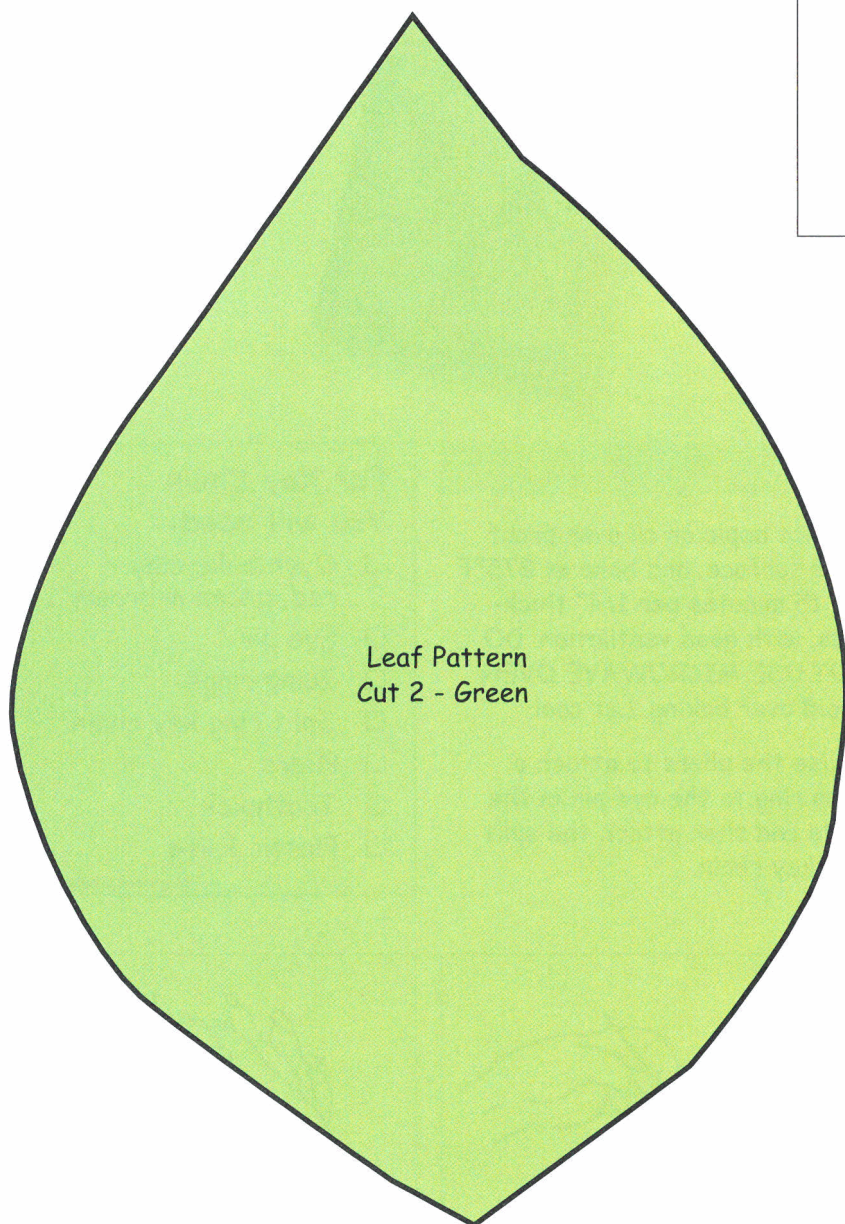
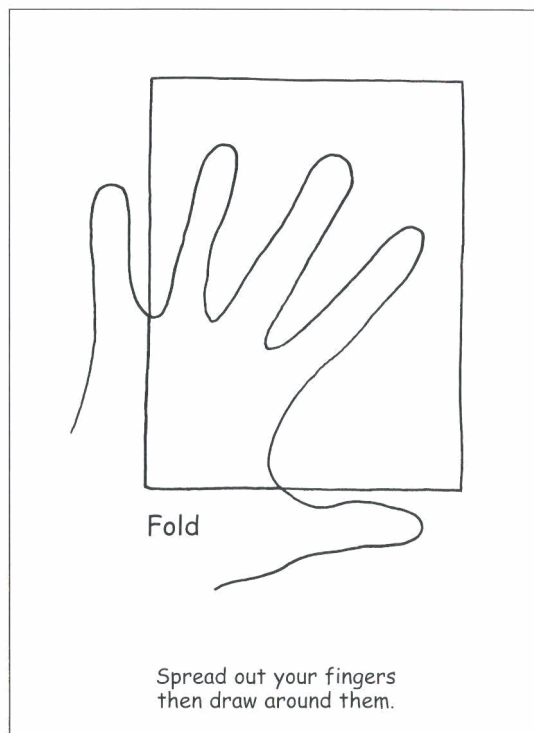
Spread foam glue onto the surface of one leaf. Bend one end of the floral wire stem into a "U" shape then place on top of the leaf. Place the second leaf on top of the first aligning the edges and sandwiching the wire between the foam pieces.



**Step-by-step (continued):**

5. Paint one half of craft foam ball yellow. Without cleaning the foam brush dip the tip into orange paint then dab the brush gently on a paper towel to blend the orange with the yellow. Press the brush around the cut edge of the ball to shade. Add more orange as needed.

6. Glue the half ball to the center of the flower petals. Let dry.



Fiskars® Scissors; Beacon™ Foam Finish™, Hold the Foam™;  
Delta Ceramcoat® Acrylic Paint



# The Big Apple Collection

by Sandy Laipply

Today we're talking about apples - but not any apple, this is the Big Apple - New York. This popular nickname for New York City reminds us of the size and prominence of New York City. We've incorporated apples into bookmarks, key chains and pencil toppers. They might make a great teacher gift, too.



## Step-by-step:

### Key chain

1. Knead clay until soft and smooth. Roll a walnut sized ball of red clay. Shape it a little by rolling the bottom between your hands to narrow it slightly.
2. Use a toothpick to make an opening in the top of the ball.
3. Make a leaf by rolling a pea sized ball of green clay in your hands. Pinch the ends slightly to make a football shape. Flatten this between your fingers. Use the toothpick to draw a vein along the leaf. Push one end of the leaf into the hole in the top of the apple.
4. Roll a tiny snake of brown clay. Cut off about 1/2" and insert it into the hole in the apple, beside the leaf. Insert an eye pin into the clay.

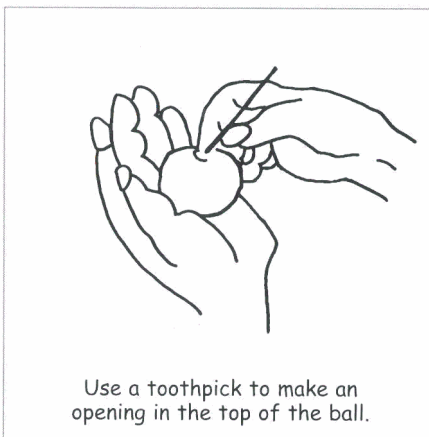
5. Place apple on an oven proof glass surface, and bake at 275°F for 15 minutes per 1/4" thickness, with good ventilation. DO NOT USE MICROWAVE OVEN. Avoid over baking. Let cool.

6. Use the pliers to attach a jump ring to the eye pin in the apple and then attach the split ring key chain.

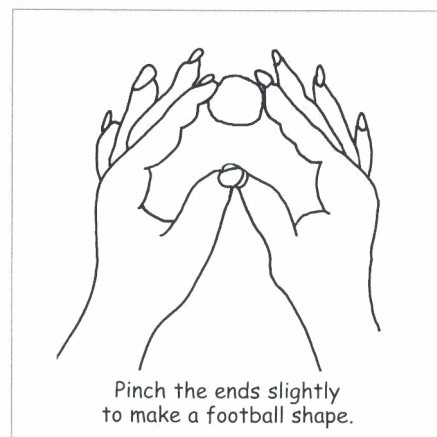
### For Key Chain You will need:

- ☐ Oven bake clay - red, green & brown
- ☐ Eye pin
- ☐ Jump rings
- ☐ Split ring key chain
- ☐ Pliers
- ☐ Toothpick
- ☐ Plastic knife

May need a helping hand



Use a toothpick to make an opening in the top of the ball.



Pinch the ends slightly to make a football shape.

## Step-by-step (continued):

### Bookmark

1. Make apple according to directions 1 through 5 for key chain.
2. Cut a 2" x 4" piece of white cardstock with decorative edge scissors. Lay it on a piece of green cardstock and cut around the edges with scissors, leaving a 1/4" border.
3. Using the shape cutting tool and templates or pattern and scissors cut out the letters for I, N, & Y from green cardstock. Cut a heart from red cardstock.
4. Cut a 6" strand of red embroidery floss. Thread it through the eye pin in the apple and pull up until it is doubled.

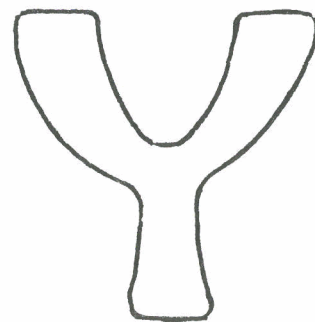
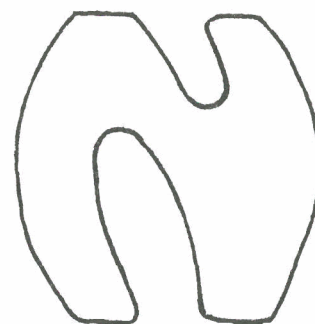
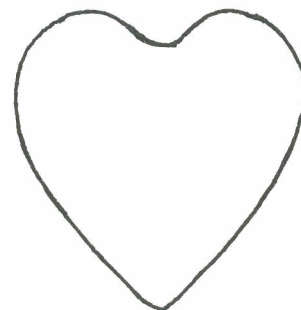
#### For Bookmark You will need:

- ☐ Cardstock - red, green, white
- ☐ Shape cutting tool or pattern and scissors
- ☐ Templates - letters and hearts
- ☐ Decorative edge scissors
- ☐ Red embroidery floss
- ☐ Glue stick
- ☐ Ruler

May need a helping hand

5. Sandwich embroidery floss between the white and green cardstock extending out the top, and glue together.

6. Glue the letters and heart on the front of the bookmark.



### Eraser

1. Knead together 1 part pink eraser clay to 4 parts green eraser clay until soft and smooth.
2. Roll a walnut sized ball. Shape it a little by rolling the bottom between your hands to narrow it slightly.
3. Follow steps 2 through 4 from key chain directions. (page 18)
4. Gently push bottom of apple onto a pencil. Remove the apple. Place apple on an oven proof glass surface, and bake at 250°F for 10 minutes, with good ventilation. DO NOT USE MICROWAVE OVEN. Avoid over baking. Let cool. Slide eraser back onto pencil top.

#### For Green Apple Eraser You will need:

- ☐ Eraser clay - pink, green & brown
- ☐ Pencil
- ☐ Toothpick
- ☐ Plastic knife

May need a helping hand

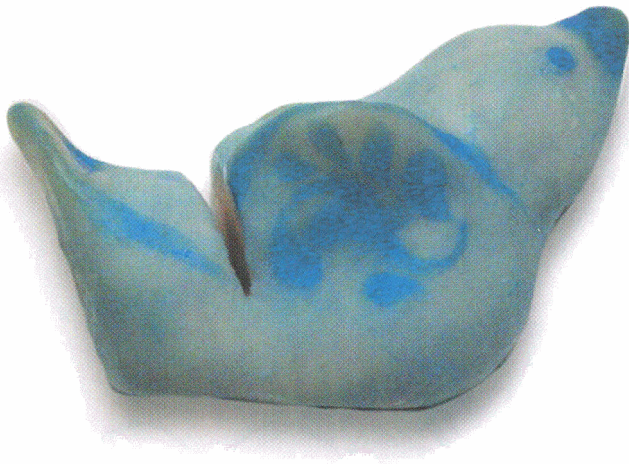
Polyform® Sculpey III Polymer Clay, Amazing Eraser Clay; Fiskars® Pliers, Paper Edgers, ShapeCutter™, ShapeTemplates™, Scissors, Ruler; Strathmore Pure Paper Brite Hue Paper



# Blue Hen Pottery

by Patty Cox

The Blue Hen chicken was adopted as Delaware's official state bird in 1939. Sometime during the 1400's a potter in Germany bought inexpensive wood to fire his kiln. This wood was from crates in which fish had been salted. When the potter opened his kiln he found that the stoneware was completely finished with a beautiful clear glaze after only one firing. It was the salt in the wood that left the glaze. When the colonists came to this country they brought salt glazed stoneware and the unique technique for making it.



## You will need:

- ☐ 4 oz. Translucent oven bake clay
- ☐ 1/2 Teaspoon kosher salt
- ☐ Blue marker
- ☐ Rubbing alcohol
- ☐ Cotton swab

May need a helping hand



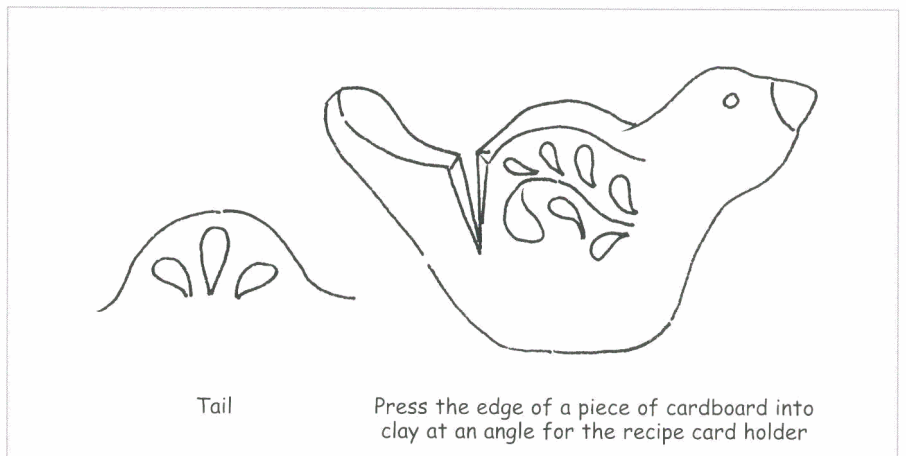
## Step-by-step:

1. Knead and soften clay. Add 1/2 teaspoon kosher salt. Knead into clay.
2. Roll clay into a ball. Roll and taper a side for beak. Place on flat surface. Pinch two wings from body sides. Pinch tail from back. Press the edge of a piece of cardboard into clay at an angle, just in front of tail for the recipe card holder.
3. Place on an oven proof glass surface in a regular oven at 275°F for 15 minutes per 1/4" thickness. **DO NOT USE MICROWAVE OVEN.** Let cool.

4. Draw design on clay hen with blue marker.

5. Lightly dampen cotton swab with rubbing alcohol. Rub cotton

swab over design. The alcohol will smear the blue marker without removing the pattern and leave the hen a very light blue color.



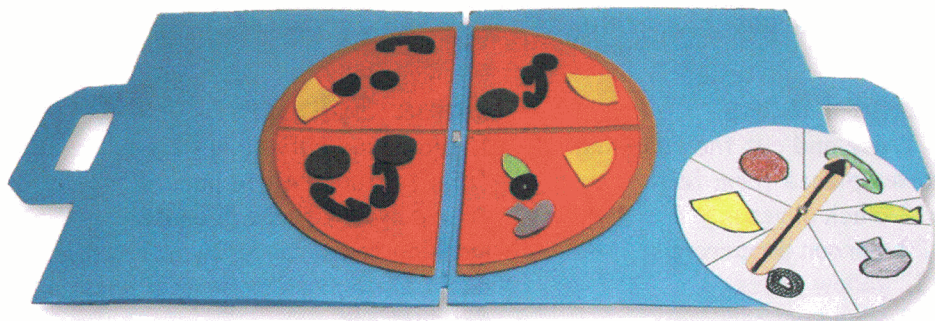
Polyform® Sculpey® III Polymer Clay



# Pizza Game

by Jackie Jernstrom  
of Michael's Arts & Crafts  
Store, [www.michaels.com](http://www.michaels.com)

The origin of the pizza actually goes back to ancient times, but pizza, as we know it, began in Naples, Italy. In the late 1800's an Italian baker, created a dish for visiting royalty. To show his patriotism the baker chose to top flat bread with food that would represent the colors of Italy: red tomato, white mozzarella cheese and green basil. By the beginning of the 1900's pizza made it's way to the cities of the United States, especially New York City and Chicago, through Italian immigrants.



## You will need:

- ☐ 12" x 18" Stiffened felt - light blue (2) & red
- ☐ 9" x 12" Felt - tan (2), black, maroon, grey, green, yellow & light green
- ☐ Textured paper - white
- ☐ Drawing paper
- ☐ Scissors
- ☐ Colored pencils
- ☐ Jumbo craft stick
- ☐ Silver brad
- ☐ 1/4" Hole punch
- ☐ Black permanent marker
- ☐ Ruler
- ☐ Glue

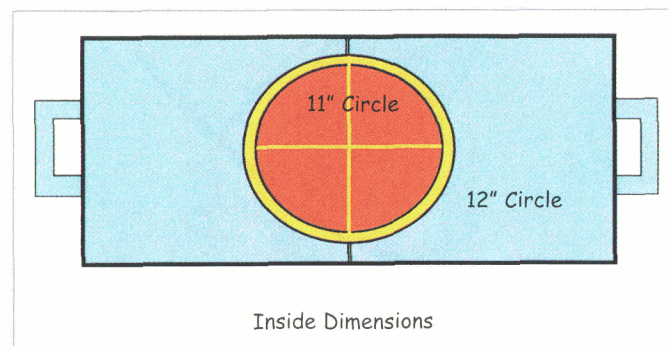
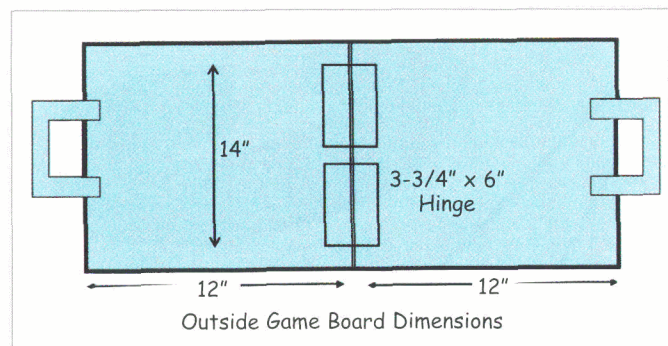
May need a helping hand



## Step-by-step:

### Game Board

1. Cut a 3-3/4" x 12" strip off one end of each piece of light blue stiffened felt. Trace and cut a handle out of each strip (page 23). Reserve the remaining pieces for two 3-3/4" x 6" hinges.



2. Center one handle on long side of stiffened light blue felt and glue to the outside edge, overlapping 3/4". Repeat for second handle.

3. Lay the two light blue sheets of stiffened felt next to each other with the handles on the outside edges to your right and left. Be sure that the handles are glued to the side that is facing up. Fold the remaining strips of stiffened felt from step one in half, lengthwise. Glue to the game board halves. These become the hinges that hold the board together. Turn game board over, and set aside to dry.

4. Measure and cut a 12" diameter circle from drawing paper. Fold it in half. Cut half of the circle from each piece of tan felt for the pizza crust. Line up both straight edges of the crust pieces along center edge of game board. Glue in place along top and bottom curve of crust. Do not glue to binding edge.

5. Measure and cut an 11" diameter circle from red stiffened felt. Cut into four equal sections for the pizza sauce. Place sauce pieces on game board. Make sure rounded edges match, leaving some crust showing around the edges. Glue in place.



## Step-by-step (continued):

### Game Pieces:

1. Trace and cut the following games pieces from felt:

- 12 black olives
- 12 maroon pepperoni
- 12 yellow cheese
- 12 green pepper
- 12 grey mushroom
- 1 light green anchovy

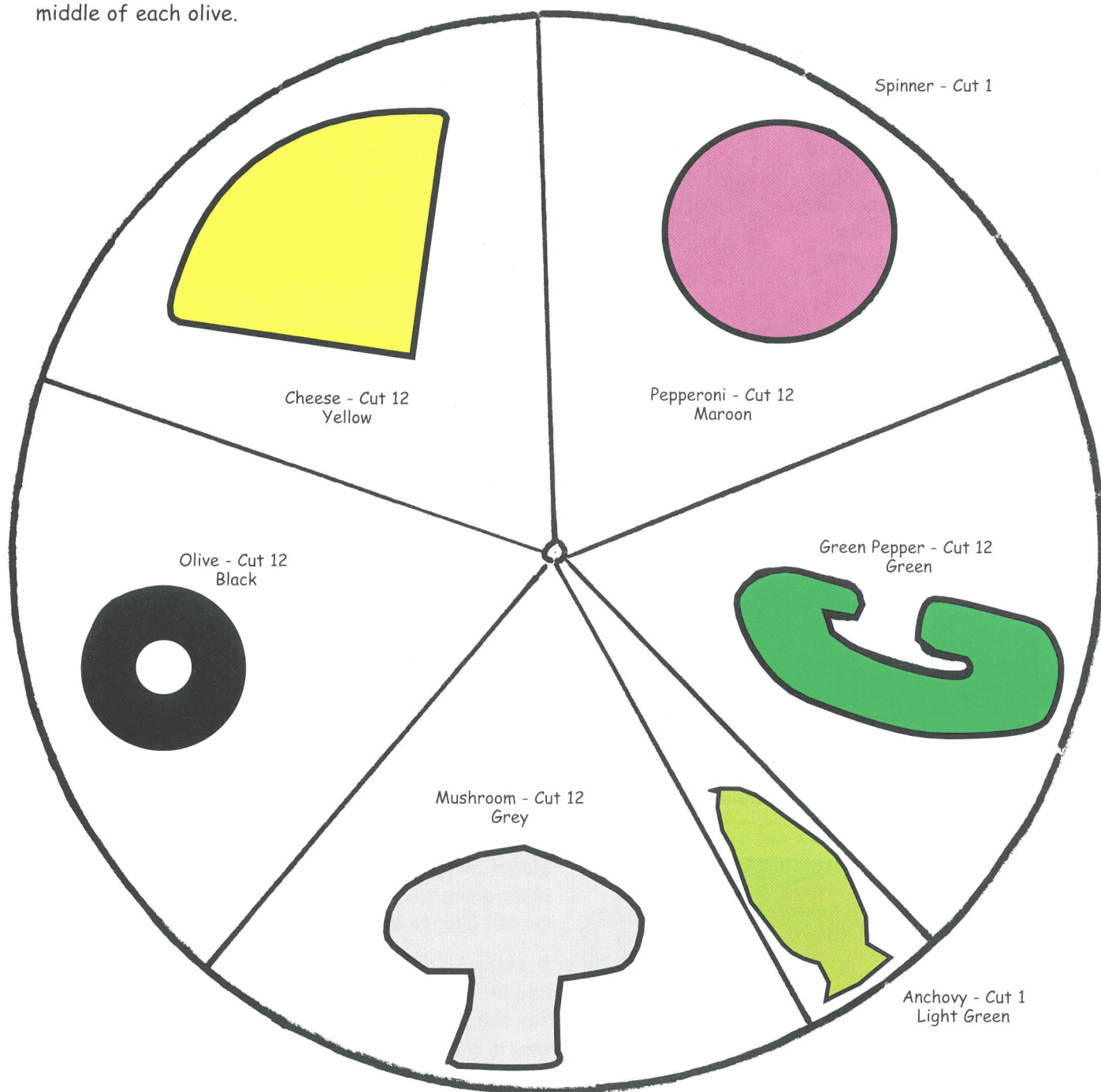
2. Punch a hole in the middle of each olive.

### Game Spinner:

1. Trace and cut spinner base from textured white paper. Poke scissors through center mark on template. Using pattern and a black marker, draw in lines for sections.

2. Trace the anchovy in the smallest section. Trace the other toppings in the remaining sections. Color in with colored pencils.

3. Draw an arrow on jumbo craft stick with black marker. Measure to find the center point on the flat side of the craft stick.



**Step-by-step (continued):**

4. With adult supervision, use scissors to poke a small hole in center of craft stick. It helps to spin the craft stick while you are pushing down with the tip of the scissors.

5. Stick a brad through the hole in the craft stick. Then stick the ends of the brad through the center of the spinner. Bend brad tips outward to secure.

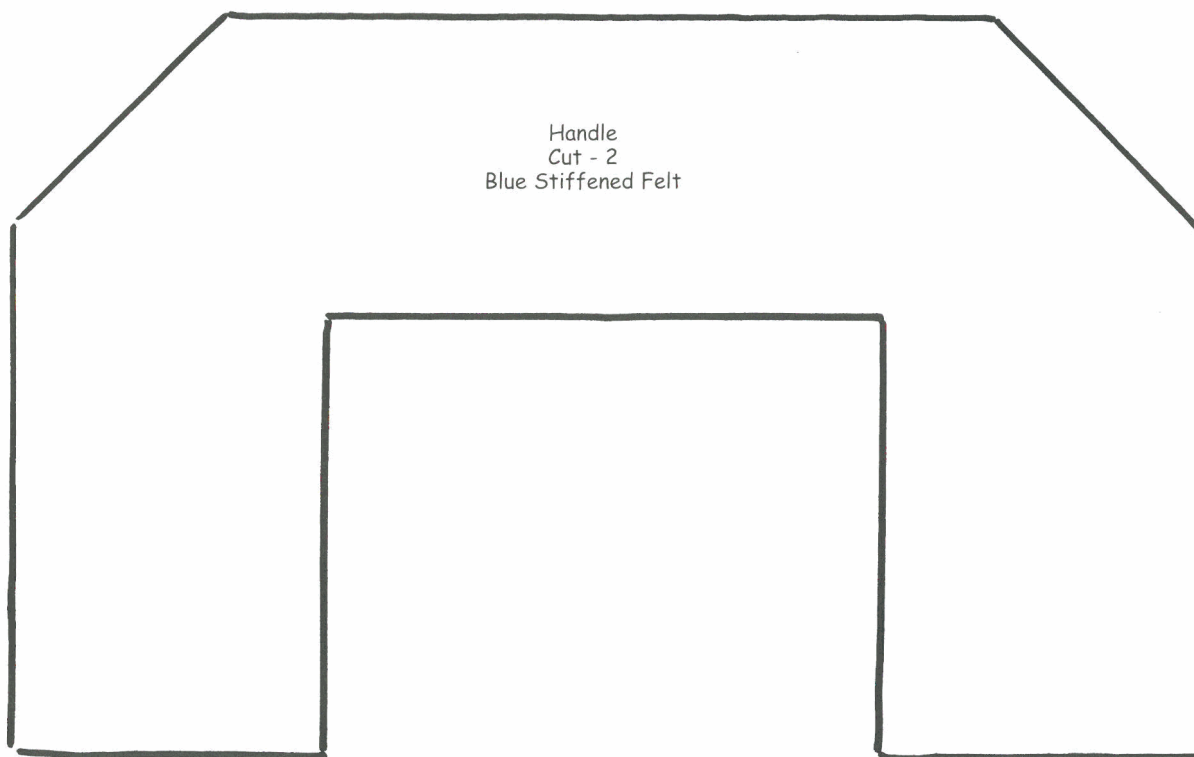
**Playing Instructions:**

The game is for 1 to 4 players. The object of the game is to build your piece of pizza to accumulate as many points that you can.

Players spin to find what topping piece they can place on their slice/slices. The topping pieces match the color sections on the spinner. Play continues until someone gets the anchovy piece, or the toppings are all gone.

If a player spins and the toppings of the matching section are all gone, the player's turn is skipped. The player with the most points wins!

All topping points are worth 10 points except the anchovy. The anchovy piece ends the game, and the player who spun it gains 50 points.



Strathmore Kids® Series Imagination Pack; Fiskars® Hole Punch, Scissors, Ruler;  
Beacon™ Kids Choice Glue™





- It's a Series of Craft Books for kids 7 - 12
- It's a Television Program found on Public Television stations all across the country
- It's a School Program broadcast via satellite to school systems everywhere.
- It's a Project to Help Kids. "Hands On" supports many local and national charities to promote creativity for kids.
- It's a website featuring projects, ideas, and information for crafting kids.  
Log onto: <http://www.craftsforkids.com>
- It's "Hands On" FUN!

"Hands On Crafts for Kids" extends a special thanks to these companies for their invaluable support:



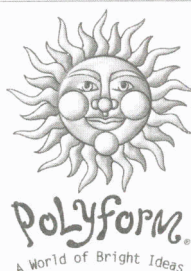
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### Television Show Credits

**Executive Producer and Host - Kathie Stull**  
**Production - Beachwood Studios, Cleveland Ohio**  
**Guest Hosts - Val Bernardino, Julie McGuffee, and Cheryl Ball**  
Deb Morris and Joann Pearson appear courtesy of Michaels, Inc.





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