

#10173

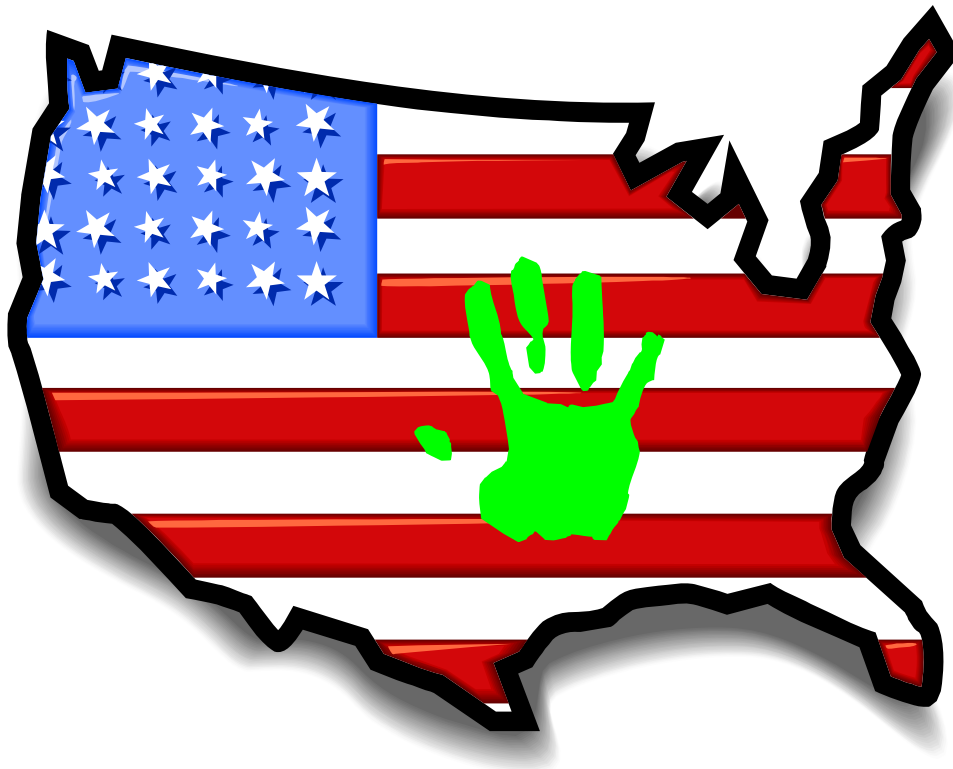
CRAFTING IN THE USA: DEEP SOUTH

KS, INC., 2003

Grade Level: 5-12

27 Minutes

5 Instructional Graphics Included



CAPTIONED MEDIA PROGRAM RELATED RESOURCES

[#10172 CRAFTING IN THE USA: APPALACHIA REGION](#)

[#10174 CRAFTING IN THE USA: FOLKLORE](#)

[#10180 CRAFTING IN THE USA: SOUTH EAST](#)

Special Note

to Teachers, Parents, and
Group Leaders about the
"Hands On" Philosophy!

Hands On Crafts for Kids
is all about celebrating
our kids' creativity
through the following
three elements.



Creativity. Crafting is
truly a wonderful way
for children to express
themselves and build
self-esteem. The projects
are designed just for
kids to encourage
development of individual
style and expression.



Crafting with a Purpose.
Hands On invites kids
to use their crafting to
help others. From making
gifts to special projects,
crafting can be both a
fun activity for kids
and a source of ideas
for charitable projects.



Knowledge. Learning
takes place through
well-designed, curriculum-
based, creative projects.
As kids explore their
creativity, they will also
learn about the world we
live in.

All Kids are Creative!!



Dear Kids and Parents:

It's time for another journey with Hands On Crafts for Kids - across the United States! From New England and the Atlantic coast, all the way across the continental United States and even to Hawaii, its time to celebrate the customs and symbols of the 50 United States.

There are state birds, flags, landmarks, and design styles representing each of the major regions of the country. We also have a special section on Appalachia - an area rich in crafting tradition, and a chapter on folklore and legends like Pecos Bill and Paul Bunyon, and lastly a chapter on patriotic designs for the entire USA.

Though each project shows a finished craft and all of our steps - don't be afraid to use some good old "American creativity". Substitute your favorite colors and any supplies you might have around the house. Make each project the way YOU want to. With Hands On there's no right or wrong way — only your way!

We hope you'll watch Hands On Crafts for Kids on television, too. It can be found on Public Television Stations all across these United States! Check your local tv guide or visit us on the web at www.craftsforkids.com. You can find information on how to find the program in your area plus lots of other great projects!

A little red, white and blue is in order so choose your favorite project and lets get started on a trek across these great United States!



Publisher	Katherine Stull
Project Editor & Design	Barb Zimmerman
Production, Layout & Design	Tamara Durant
Printing	Press of Ohio

Copyright 2003 - Hands On Crafts for Kids®, PO Box 391698, Solon, Ohio 44139. All Rights Reserved. No part of this book may be reproduced in any form without written permission. Exception is granted to teachers who may photocopy project pages to be used for educational purposes. These instructions are presented in good faith, however, no warranty is implied or given, nor results guaranteed, nor is freedom from any patent to be inferred. Since we have no control over physical conditions surrounding application of information herein contained, Hands On Crafts for Kids disclaims any liability for untoward results. Projects and components in this book are not recommended for children under 8 years of age without adult supervision.

Basic Instructions and Special Tips

Look these ideas over before you begin Crafting in the USA. Have a wonderful trip!



IMPORTANT!

When you see the "helping hand" symbol on a project page, it means you may need adult supervision to do the project. Always use care when using tools or a heat source. Be careful and safe!



Prepare and protect your work surface and your clothes

Prior to beginning your craft project be sure and cover your work surface with plastic or old newspapers. A neat and clean work surface makes for fun and easy crafting. Be sure and protect your clothes as well. Wear an old shirt or an apron. And always keep a roll of paper towels handy to wipe up spills.



Basic Supplies

There are some basic supplies that are used throughout the book which are not always in the project supply lists. Some of these general supplies are: paper clips, toothpicks, paper, tracing paper, paper plate/paint palette, bowls for mixing, etc. Always review the supply list and instructions before getting started. Make sure you have all your supplies ready before starting a project.



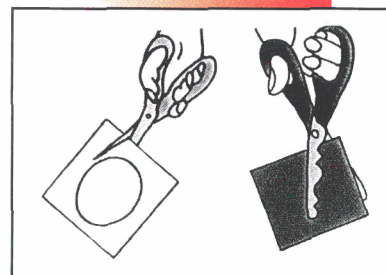
Read product directions

For best results, always read and follow directions given on each product label. Some products may seem to do the same thing, but there may be important differences you need to know. Sometimes it's helpful to test a product on a piece of scrap supply before using it on your project.

Basic Instructions and Special Tips, Continued

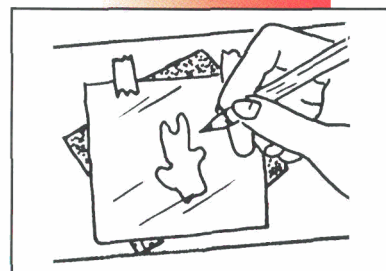
Cutting

When cutting with a pair of scissors, always work slowly and evenly. Hold the material you are cutting with the opposite hand, turning it toward the scissors as you cut. When using decorative edge scissors be sure and line up the cutting design that is along the edge of the scissor as you cut out shapes. Work slowly so you maintain a consistent decorative edge.



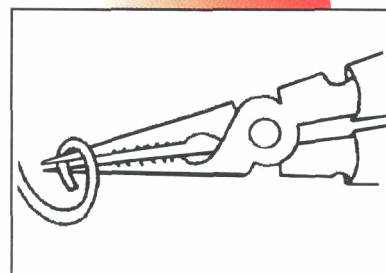
Tracing patterns

Trace the desired patterns from this book with a pencil onto tracing paper. Lay the traced pattern on top of a project surface. Place transfer, or graphite paper under the pattern then trace over design with a soft pencil, or crayon. Another way is to cut out the pattern from the tracing paper. Lay the cut out on your desired material, and draw around it.



Craft Wire

Craft wire comes in different sizes or gauges for example 18, 22, and 24 gauge. The higher the number the thinner the wire. Sometimes with thinner wire you can bend and shape it with your hands. However, some wire like the 18 gauge wire requires the use of needle nose pliers in order to bend and shape it to the desired design.



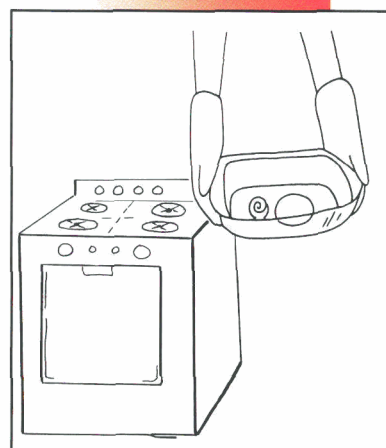
Clay

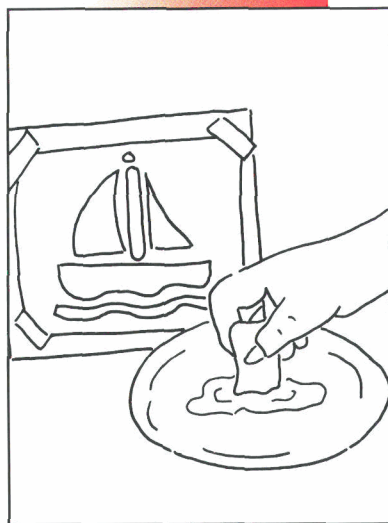
Oven bake clay

Knead clay until soft to make it easy to work with. Cover working surfaces with wax paper, then clean surfaces and wash your hands thoroughly after kneading. Bake clay on an oven proof glass surface in a 275°F oven for 15 minutes per 1/4" thickness, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.

Eraser clay

Bake clay on an oven proof glass surface in a 250°F oven for 10 minutes, with good ventilation. **DO NOT USE MICROWAVE OVEN.** Avoid over baking.





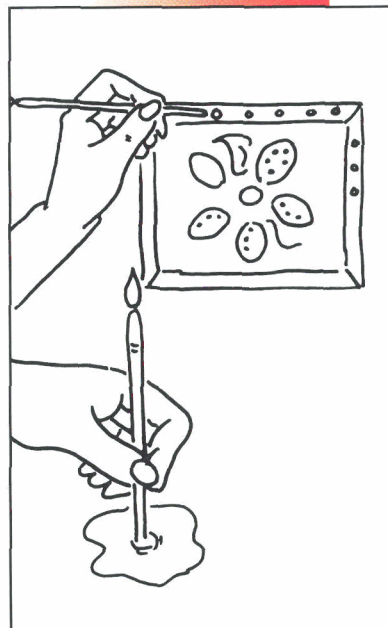
Painting Techniques

Stenciling

Secure the edges of the stencil with masking tape on the item you'll be stenciling. Squeeze a small amount of desired paint color(s) onto paper plate. Tap the flat end of a stencil sponge into the paint, tapping excess paint off on plate. Pounce the sponge onto the center of the stencil, applying an even coat of paint. To add an additional color to the same stencil pattern, use a clean stencil sponge and apply new color.

Dry-brushing

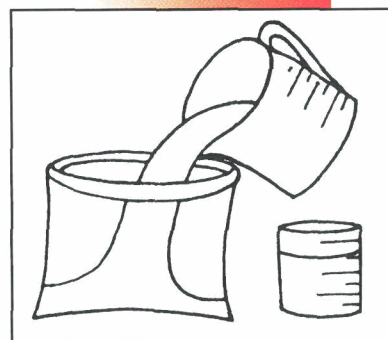
To dry brush, dip the tip of a dry brush into paint. Blot excess paint on a paper towel and apply in light strokes to surface.



Special effects

With paint or markers

You'll note that we frequently refer to adding special highlights to a project using paint or makers. To add decorative dots, eyes, etc. dip the end of a paint brush into desired paint color and apply it to your design. Lift the paint brush handle straight up from the project so the paint won't smear. Wipe off the end of your paint brush before changing colors. You can also use cotton swabs for this technique, however you'll need to use a separate one for each color used. You can achieve similar results by using markers from fine point to wide point markers. It's always recommended to use permanent markers so the colors won't bleed if used over paint or other mediums.



Instant Papier-Maché

Mix instant papier-maché in a plastic bag or mixing bowl. Add 32 oz. of water to 1lb. of instant papier-maché. Warm water mixes faster. Knead until firm like clay or stiff dough with no dry spots. If mixture is too soft, add more dry maché; if too dry, add water sparingly. Mixed instant papier-maché in a plastic bag will keep at room temperature for some time, or indefinitely in a refrigerator.



Fruit Slice Votive

by Julie McGuffee

Citrus fruits are a major part of the South's economy, especially Florida. The Spanish explorers brought the first plants. Today citrus plants such as oranges and grapefruits are the most important group of all tropical and sub-tropical plants.

You will need:

- ☐ Glass votive candle holder
- ☐ 2 oz. Pkg. oven bake clay - yellow & white
- ☐ Plastic knife
- ☐ Wax paper
- ☐ Rolling pin
- ☐ Masking tape

May need a helping hand



Step-by-step:

1. Knead yellow clay until soft and smooth. Roll a small piece into a rope about 1/4" in diameter and about 2" long. Make five ropes.

2. Knead white clay until soft and smooth. Divide into five pieces to make it easier to work with. Place each piece between two pieces of wax paper then roll out until it is at least 1" wide and as thin as possible, about 1/16".

3. Place the yellow rope on the piece of white clay at the center. Starting with edge of the white clay towards you, carefully lift

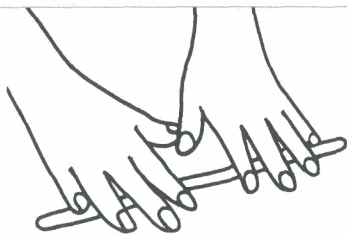
and lay over the yellow rope. Trim away excess white clay at each end as close to the yellow rope as possible. Press edges together so that it is firmly wrapped around the yellow. Make five ropes in this manner.

4. Place ropes together to form a bundle. Trim excess clay from each end. Roll a ball of yellow clay into an oval that is large enough and long enough to wrap around the outside of the ropes. Yellow clay should be less than 1/8" thick. Wrap the yellow clay around the bundle of white ropes.

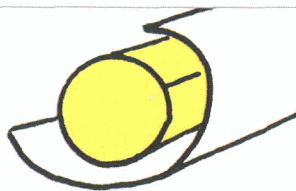
5. Roll this newly formed rope until it's approximately 1/2" in diameter to stretch it out. Place on wax paper in the refrigerator for 2-3 hours. Remove and slice into thin pieces.

6. Press the slices onto the glass votive candle holder until completely covered.

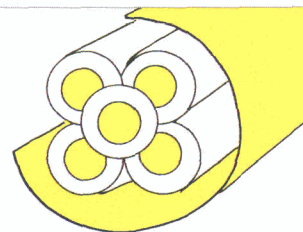
7. Bake clay covered votive on an oven proof glass surface at 275°F for 15 minutes per 1/4" thickness, with good ventilation. DO NOT USE A MICROWAVE OVEN. Avoid over baking. Let cool.



Roll a small piece of yellow clay into a 1/4" x 2" rope.



Starting with edge of the white clay, carefully lift and lay over the yellow rope.



Wrap the yellow clay around the bundle of white ropes.

Polyform® Sculpey® III Polymer Clay

Seashell Frame

by Kathie Kromer
of Michael's Arts & Craft Store
www.michaels.com

What's a visit to the shores of the Atlantic Ocean without collecting shells. Did you know you're not really hearing the ocean when you put a shell up to your ear? What you're hearing is the constant noise around you that you tend to ignore. When you put anything against your ear even a glass, it strengthens a certain group of frequencies of sound - so you're just hearing outside noise.

You will need:

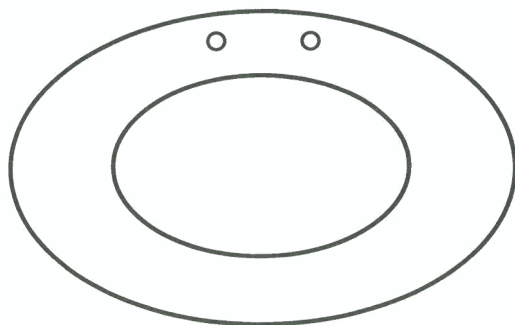
- ☐ Oval wood frame
- ☐ Acrylic paint - blue
- ☐ 12" Length - 22 gauge wire - turquoise
- ☐ Small sea shells
- ☐ Blue pre-tinted grout
- ☐ Paint brush
- ☐ Craft drill and small bit
- ☐ Craft stick

May need a helping hand

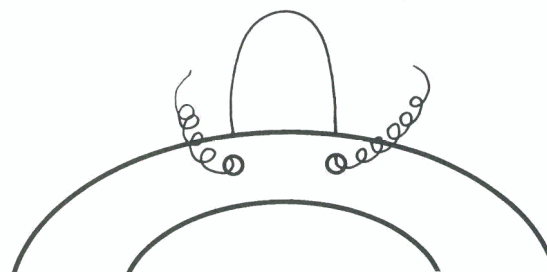


Step-by-step:

1. Using the craft drill and small bit, drill 2 holes in top of frame about 1" apart.
2. Paint front and back of frame blue. Let dry.
3. Thread one end of turquoise wire into one hole at top of frame. Using the end of the paint brush, coil the end of the wire. Repeat with other end of the wire for a hanger.
4. Spread enough grout on frame to have about a 1/4" thickness.
5. Press shells into grout. Let dry.



Drill 2 holes in top of frame about 1" apart.



Thread wire into one hole at top of frame.
Coil the end of the wire.
Repeat with other end of wire.

Fiskars® Craft Hand Drill; Toner Plastics, Inc.™ Fun Wire™; Delta Ceramcoat® Acrylic Paint

Mardi Gras Mask

by Dimples Mucherino

Mardi Gras is a traditional holiday celebrated in many of the southern states of the USA. The most famous celebration takes place in New Orleans, Louisiana. The people there enjoy this celebration by going to parades where they catch "beads and trinkets" thrown from floats. Mardi Gras means Fat Tuesday. This is the day before Ash Wednesday, leading to the days of fasting before Easter Sunday in the Catholic religion. Mardi Gras came to New Orleans through its French settlers.

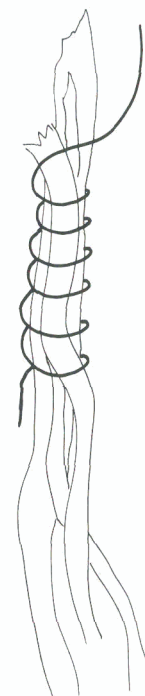


You will need:

- ☐ 12" x 10" Paper platter
- ☐ 2 - 1/2" Craft foam egg
- ☐ Three 30" lengths ribbon or fabric, 1" to 1-1/4" wide - purple, green & yellow
- ☐ 30" Lengths - 22 Gauge wire - blue & pink
- ☐ 2 Acrylic faceted gemstones
- ☐ Craft foam finishing medium
- ☐ Shadow paper - red, green & purple
- ☐ Grooved paper - gold
- ☐ Tracing paper
- ☐ Acrylic paint - ivory & bright pink
- ☐ 7 Feathers - assorted colors
- ☐ Glue
- ☐ Paint brushes
- ☐ Pencil
- ☐ Scissors
- ☐ Plastic knife
- ☐ Toothpick

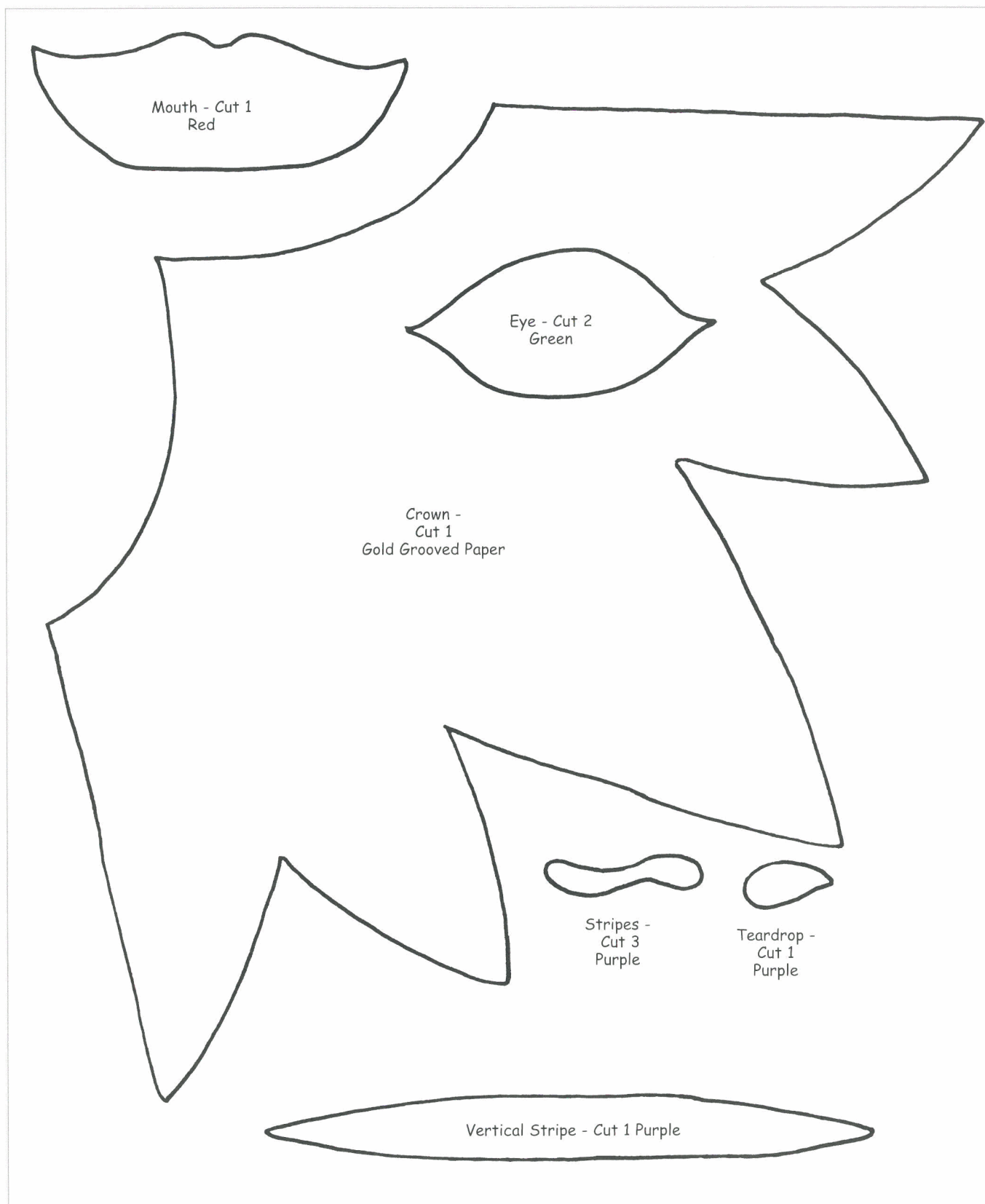
Step-by-step:

1. Trace and cut patterns for face from shadow paper and crown from gold grooved paper.
2. Cut rim off paper plate.
3. Use plastic knife to cut craft foam egg in half lengthwise for nose. Insert a toothpick into flat side and apply one coat of craft foam finishing medium. Insert toothpick into scrap of foam to hold nose while drying. Let dry thoroughly.
4. Paint bottom of plate and front of nose with ivory paint. Dry brush cheeks and front of nose with bright pink paint. To dry brush, dip tip of brush into paint. Blot excess paint on paper towel. Apply paint in a light circular motion. Let dry.
5. Glue nose, mouth, vertical stripe, horizontal stripes and eyes on face. Glue crown above eyes. Glue faceted gemstone to cheek and crown.
6. Hold fabric together. Align ends. Starting 7" from one end, wrap one strand of wire in a spiral tightly around the fabric for 11". Repeat with remaining wire. Glue wired section of fabric around bottom edge of crown. Tuck and glue feathers below fabric on opposite sides of mask.



Wrap one strand of wire in a spiral tightly around the fabric.

Step-by-step (continued):



Toner Plastics, Inc.™ Fun Wire™; Beacon™ Foam Finish™, Kids Choice Glue™;
 Strathmore Kids® Series Shadow Paper, Groovy Paper, Tracing Paper;
 Delta Ceramcoat® Acrylic Paint; Fiskars® Scissors; Royal™ Big Kids Choice™ Deluxe Brush Set

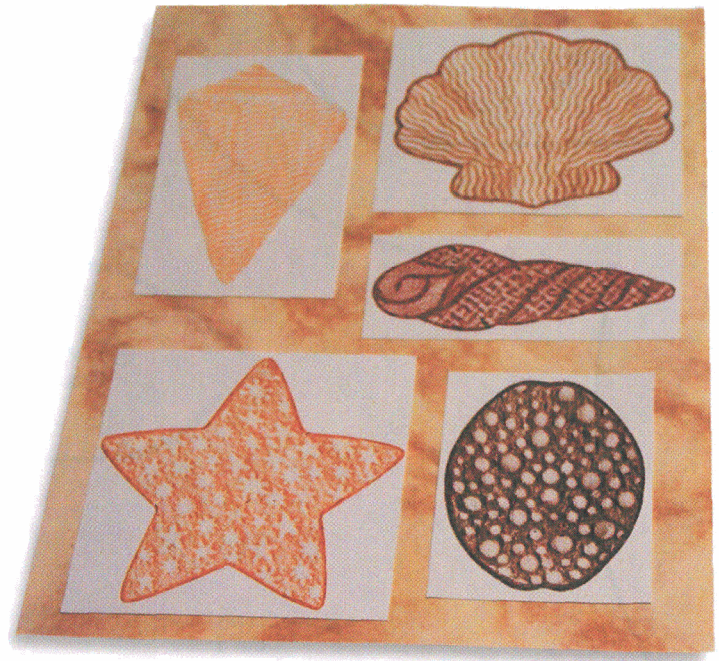
Textured Shells

by Kathy Taylor Shearer

The size and shape of the shell determines the sounds you hear. Make sure the previous inhabitant of the shell is gone before you try to hear anything! The shell is the hard outer cover secreted by the animal to protect itself.

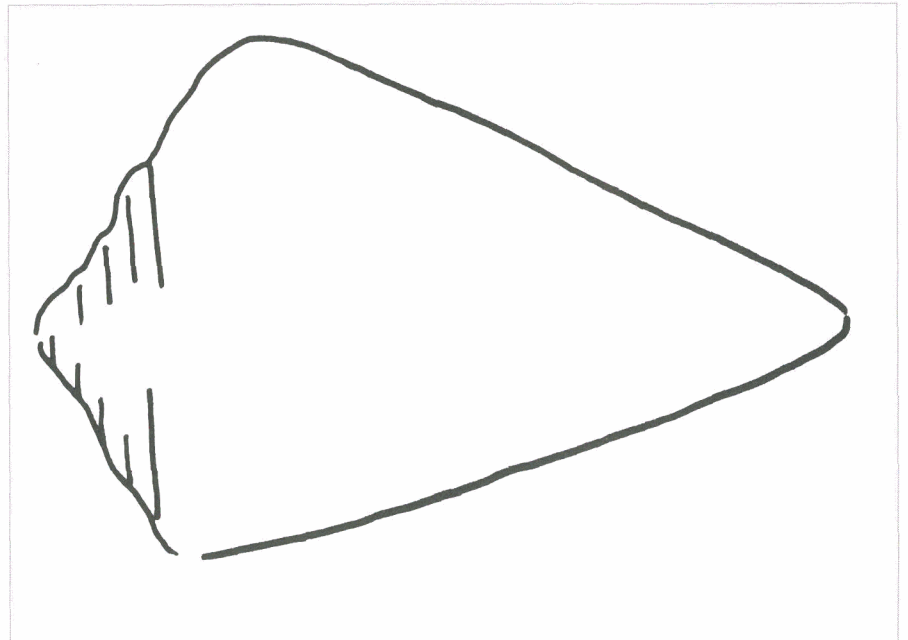
You will need:

- ☐ Drawing paper
- ☐ Cardstock - white
- ☐ Marble paper
- ☐ Texture plates
- ☐ Crayons
- ☐ Scissors
- ☐ Ruler
- ☐ Glue
- ☐ Pencil



Step-by-step:

1. Trace shell patterns on drawing paper. Use crayon to draw around edges and any inner detail lines.
2. Place traced shells on top of texture plates or use interesting surfaces like tree bark or cement. Use crayon to rub texture onto paper. Cut out shell shapes.
3. Measure and cut squares and rectangles of white cardstock and mount the shells to them using glue. Arrange mounted shells on top of marble paper and glue in place.



Step-by-step (continued):



Fiskars® Texture Plates, Scissors; Strathmore Kids® Series Drawing Pad,
Pure Paper Craft Paper, Marble Paper; Beacon™ Kids Choice Glue™

Gator Bulletin Board

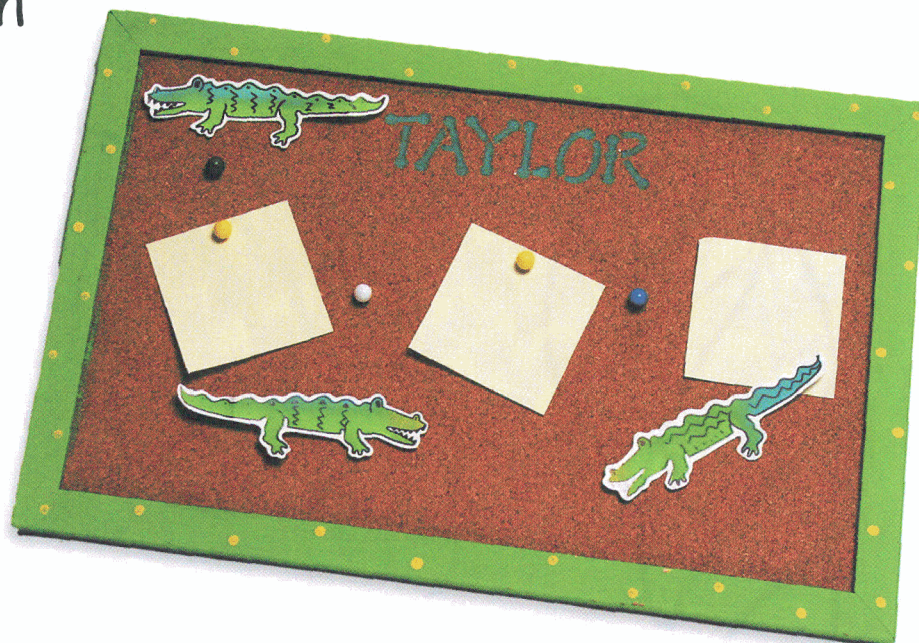
by Cheryl Ball

Alligators were almost hunted to extinction, but today they have made a comeback.

Alligators have a short blunt round snout.

They are only found in the Southeast United States, especially Florida.

Believe it or not they are afraid of humans when found in the wild - but I wouldn't get too close.



You will need:

- | | |
|--|--|
| <input type="checkbox"/> Bulletin board | <input type="checkbox"/> Stencil sponges |
| <input type="checkbox"/> Acrylic paint - light green, green, blue & yellow | <input type="checkbox"/> Glue |
| <input type="checkbox"/> Satin varnish | <input type="checkbox"/> Scissors |
| <input type="checkbox"/> Stencils - alligator, alphabet | <input type="checkbox"/> Black fine point marker |
| <input type="checkbox"/> White poster board | <input type="checkbox"/> 1" Foam brush |
| | <input type="checkbox"/> Cotton swab |
| | <input type="checkbox"/> Masking tape |

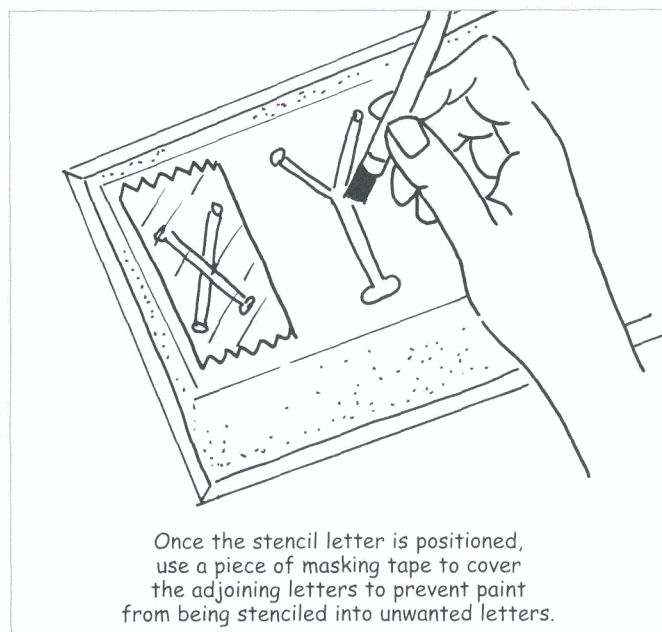
Step-by-step:

1. Using a dry foam brush carefully paint the frame of the bulletin board light green. Let dry and apply a second coat. To prevent painting on corkboard, slide a piece of paper between the wood frame and the cork as you paint.

2. Use a cotton swab dipped in yellow paint to add dots around the frame. Apply a coat of varnish. Let dry.

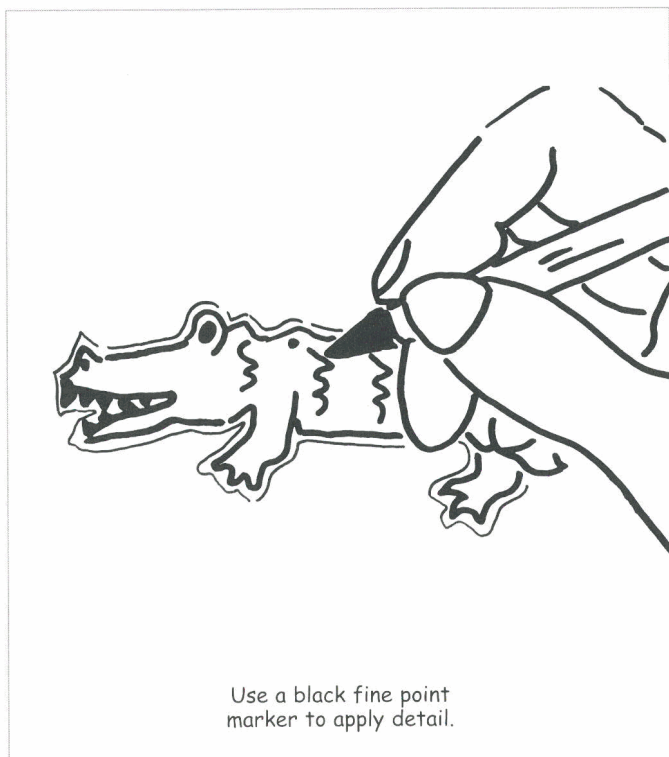
3. To begin personalizing the bulletin board, position the first letter of the name to be stenciled onto the cork. Tape stencil in place.

4. Squeeze blue paint onto a plate. Tap the flat end of the sponge into the paint and tap off almost all the excess paint onto the plate. Lightly pounce the sponge over the stencil applying an even coat. Carefully remove the stencil to reveal the letter. Let dry.



Once the stencil letter is positioned, use a piece of masking tape to cover the adjoining letters to prevent paint from being stenciled into unwanted letters.

Step-by-step (continued):



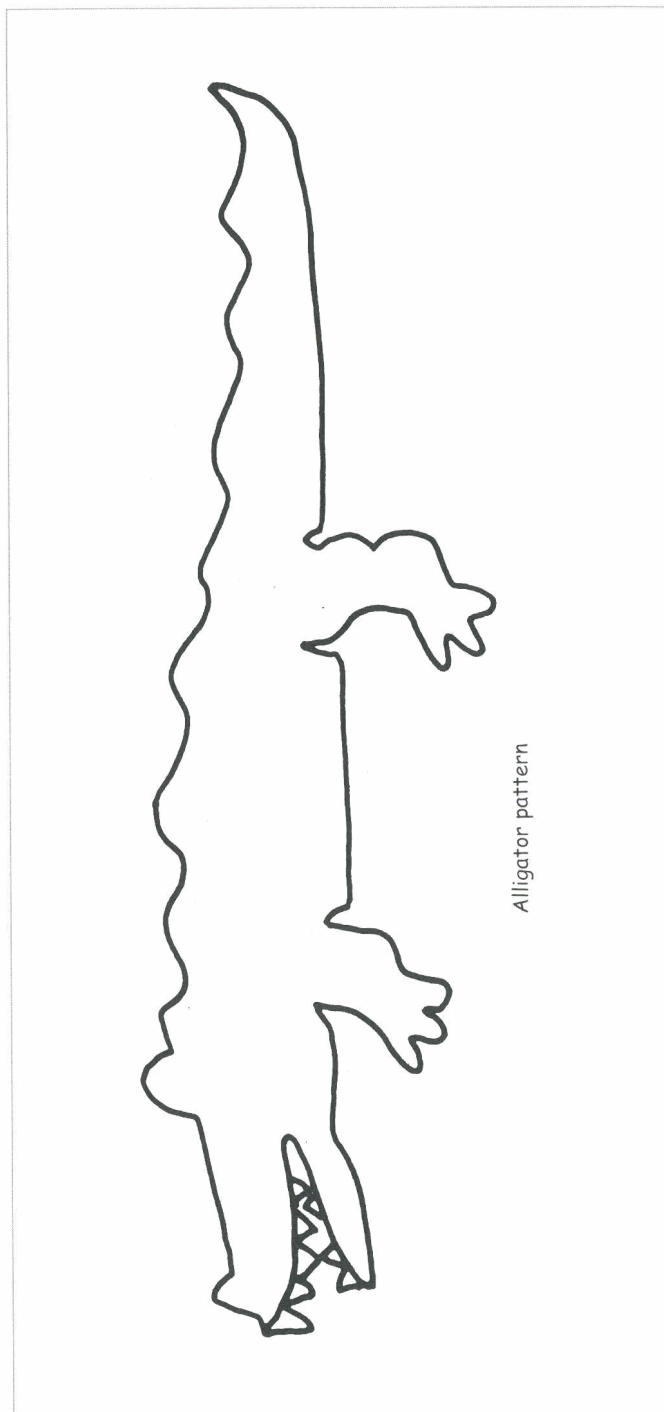
5. Continue on with the next letter of your name. Or, print your name using a wide marker.

Tip: Once the stencil letter is positioned, use a piece of masking tape to cover the adjoining stencil letters to prevent paint from being stenciled into unwanted letters.

6. Position the alligator stencil onto white poster board. Secure edges of stencil with masking tape.

7. Squeeze yellow, blue, light green, and green paint onto plate. Each alligator you stencil will be a blending of colors. Tap the flat end of a stencil sponge into the light green, tapping excess off on plate. Pounce the sponge onto the center of the alligator body, applying an even coat of paint. Using a clean sponge stencil green paint into the feet and lower portion of the tail. With another clean sponge, stencil blue along the ridge of the body. Stencil yellow on the tips of the nose and mouth. Repeat step for more alligators.

8. Use a black fine point maker to apply detail.



9. Carefully cut out alligator(s), leaving an 1/8" white border of paper showing around shape.

10. Glue alligators where desired around edge of bulletin board.

Delta Ceramcoat® Acrylic Paint, Satin Interior/Exterior Varnish, Stencil Mania™, Stencil Sponges; Beacon™ Kids Choice Glue™; Fiskars® Scissors



- It's a Series of Craft Books for kids 7 - 12
- It's a Television Program found on Public Television stations all across the country
- It's a School Program broadcast via satellite to school systems everywhere.
- It's a Project to Help Kids. "Hands On" supports many local and national charities to promote creativity for kids.
- It's a website featuring projects, ideas, and information for crafting kids.
Log onto: <http://www.craftsforkids.com>
- It's "Hands On" FUN!

"Hands On Crafts for Kids" extends a special thanks to these companies for their invaluable support:



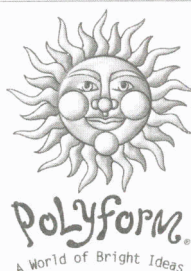
If it's worth doing it's worth Delta
2550 Pelissier Place, Whittier, CA 90601
1.800.423.4135 • www.deltacrafts.com



Craft glues for fun foam,
decoupage and kids projects
PO Box 427, Wycliff, NJ 07481
1.800.865.7238
www.beaconcreates.com

FISKARS®

Pursue your Passions™
7811 W. Stewart Avenue, Wausau, WI 54401
1.715.842.2091 • www.fiskars.com



The makers of Sculpey
1901 Estes Avenue
Elk Grove, IL 60007
1.847.427.0020
www.sculpey.com

 **Strathmore**

Papers that grow with your imagination
39 Broad Street, Westfield, MA 01085
1.800.353.0375 • www.strathmoreartist.com

Toner Plastics -

(aka Camp Hoochee Coochee)

We sell fun! • 699 Silver Street, Agawan, MA 01001
1.800.723.1792 • www.tonerplastics.com

Activa Products, Inc.

Basic materials for the creative mind
PO Box 1296, Marshall, TX 75671
1.800.883.3899 • www.activaproducts.com

Television Show Credits

Executive Producer and Host - Kathie Stull

Production - Beachwood Studios, Cleveland Ohio

Guest Hosts - Val Bernardino, Julie McGuffee, and Cheryl Ball
Deb Morris and Joann Pearson appear courtesy of Michaels, Inc.



51-40-6-7



6 49254 13407 1

Hands On Crafts for Kids
PO Box 391698
Solon, OH 44139
1-800-600-9040
www.craftsforkids.com