
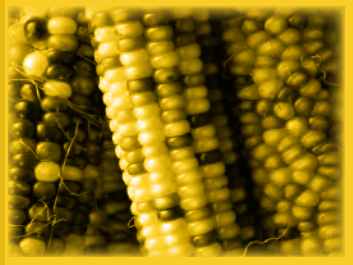





This Thanksgiving...



...fill up on Captioned Media



Thanksgiving as we know it today began as a multicultural community celebration and harvest festival held by the Pilgrims to thank local Native Americans for their help with the fall harvest. Though the majority of Thanksgiving celebrations today do not resemble the modest harvest festivals of the 1600s, the tradition of eating, along with spiritual reflection and the celebration of community, remains a popular Thanksgiving pastime.

Learn more about Thanksgiving by feasting on these titles:

America's National Holidays

Thanksgiving Shared: Native Americans and Pilgrims

Giving Thanks: A Native American Good Morning Message

Food: A Multi-Cultural Feast

...and for some tips on preparing a memorable holiday feast, check out:

Tablescapes: Setting the Table

Cooking Basics: Meat

Baking Basics: Pies

Exploring Vegetarianism: A Healthy Alternative

Cakes, Pies, and Cobblers

Did You Know?

Although many of us associate Thanksgiving with the turkey, the main course at the "First Thanksgiving" in 1621 was most likely venison, or deer meat.

A popular dish in Victorian America, the turkey became the traditional Thanksgiving meal when, in 1863, President Lincoln made Thanksgiving a national holiday.



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